


5.3.1 Students Achievements in Sports /Culturals

Certificate

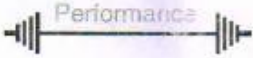


## National Strengthlifting & IBP Championships-2021

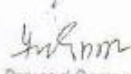
This is to Certify that Sri/Smt. V. Karthick  
Representative of Tamilnadu  
has participated as player/ Official/Coach/Manager/Referee in the 30th Sub Jr., Jr., Sr., Master I, II, III, Physically Challenged Men & Women National Strengthlifting & Incline Bench Press Championships 2021, held on 17th - 20th March, 2021  
Organized by Coach Behar District S.S.A & P.O.A (Golden Jubilee Year), at the Venue Sri Maharaja Jitendra Narayan Club, Saniti Road, Cooch Behar, West Bengal, India.

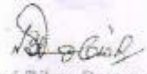
He / She secured 1st Place in 76 Kg. body weight class.  
His/Her Body Weight 68.6 Kg.

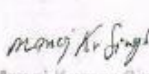
Performance








		Created Record	
Incline Bench Press	=	<u>76</u> Kg.	Kg.
		Total =	Kg.
Two Hands Curling	=	<u>42.5 + 47.5 = 90</u> Kg.	Kg.
Hack Lift	=	<u>220 + 240 = 460</u> Kg.	<u>240</u> Kg.
		Total =	<u>550</u> Kg.

  
 Pranod Samar  
 President  
 Indian Strengthlifting  
 Federation

  
 Babul Bikas Patranobis  
 General Secretary  
 I.S.L.F. & W.S.L.F.

  
 Manoj Kumar Singh  
 Technical Director  
 Indian Strengthlifting  
 Federation


  
 Bhabesh Chandra Roy  
 Organising Secretary  
 Tournament

**Indian Strengthlifting Federation**  
 Regd. No. S/58529  
 Affiliated with World Strengthlifting Federation  
 Khamarpara Roy Main Road, P.O. Bansberia,  
 Dist. Hooghly, W.B. Pin-712502  
 Mobile : 0091 9433276742  
 E-mail : babulbikas\_patranobis@rediffmail.com  
 Website : www.strengthlifting.net

5.3.1 Students Achievements in Sports /Culturals

2020-21




## National Strengthlifting & IBP Championships-2021

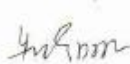
Certificate


*This is to Certify that Sri/Smt. V. Karthick*  
*Representative of Tamil Nadu*  
*has participated as player/ Official/Coach/Manager/Referee in the 30th Sub Js., Jr., Sr., Master I, II, III, Physically Challenged Men & Women National Strengthlifting & Incline Bench Press Championships 2021, held on 17th - 20th March, 2021*  
*Organised by Cooch Behar District S.L.A & P.C.A (Golden Jubilee Year), at the Venue Sri Maharaja Jitendra Narayan Club, Sanili Road, Cooch Behar, West Bengal, India.*

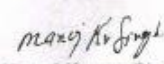
He / She secured 2nd Place in 76 Kg. body weight class.  
 His/Her Body Weight 68.6 Kg.


Performance 


Incline Bench Press	+		=		Kg.	←	Kg.
				Total =			
Two Hands Curling		+		=			
Hack Lift		+		=			
				Total =			


  
 Pramod Samar  
 President  
 Indian Strengthlifting  
 Federation


  
 Babul Bikas Patranabis  
 General Secretary  
 I.S.L.F. & W.S.L.F.


  
 Manoj Kumar Singh  
 Technical Director  
 Indian Strengthlifting  
 Federation

  
 Bhabesh Chandra Roy  
 Organising Secretary  
 Tournament





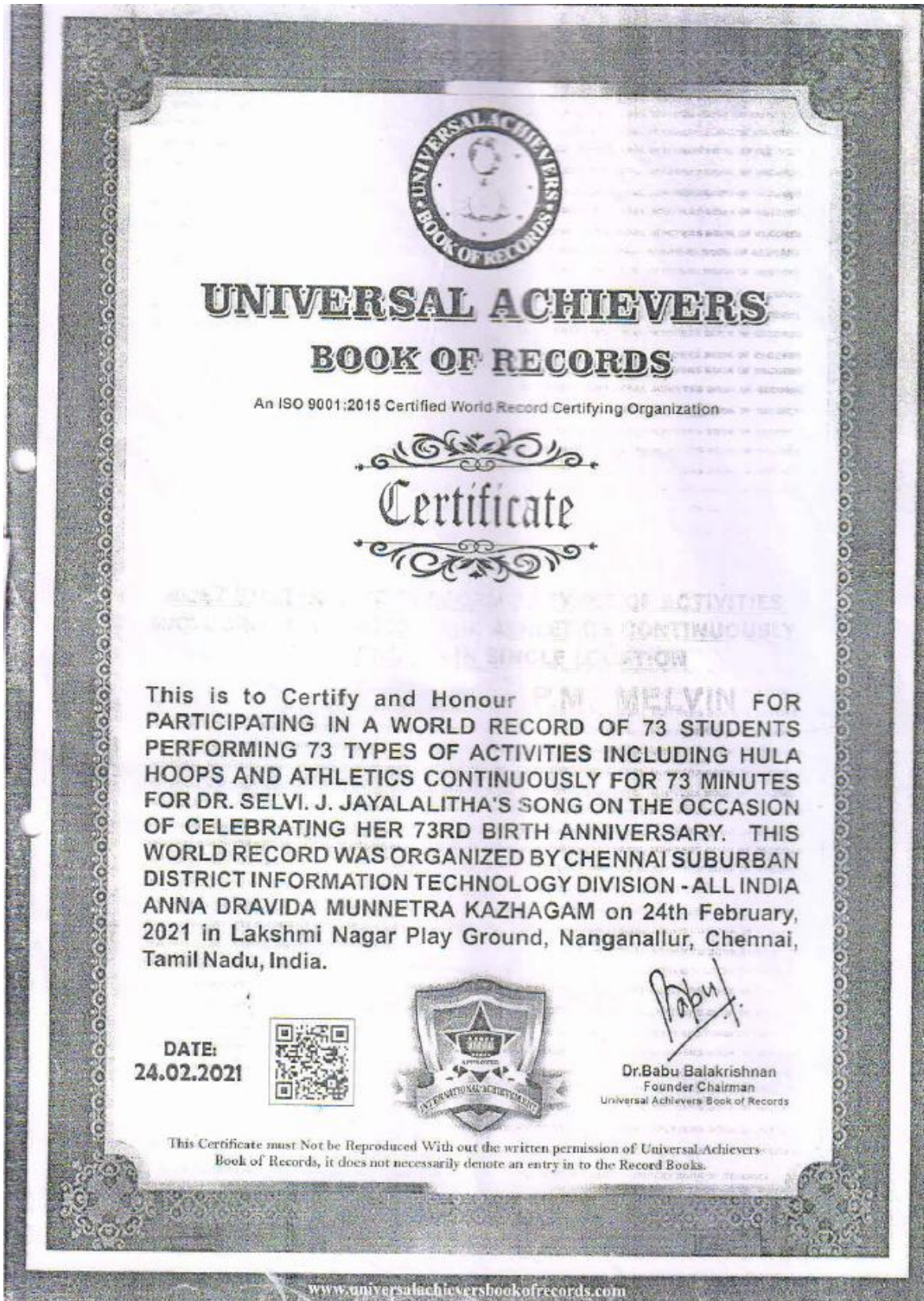




**Indian Strengthlifting Federation**  
 Regd. No. S/58529  
 Affiliated with World Strengthlifting Federation  
 Khamarpara Roy Main Road, P.O. Bansberia,  
 Dist. Hooghly, W.B. Pin-712502  
 Mobile : 0091 9433276742,  
 E-mail : babulbikas\_patranabis@rediffmail.com  
 Website : www.strengthlifting.net



5.3.1 Students Achievements in Sports /Culturals





5.3.1 Students Achievements in Sports /Culturals

**UNIVERSAL ACHIEVERS**  
**BOOK OF RECORDS**



An ISO 9001:2015 Certified World Record Certifying Organization

**Certificate**

TO ALL TYPES OF ACTIVITIES  
AT ANY PLACE AND AT ANY TIME  
ON ANY SINGLE LOCATION

This is to Certify and Honour **M. MUHAMMED ASIF**  
FOR PARTICIPATING IN A WORLD RECORD OF 73 STUDENTS  
PERFORMING 73 TYPES OF ACTIVITIES INCLUDING HULA  
HOOPS AND ATHLETICS CONTINUOUSLY FOR 73 MINUTES  
FOR DR. SELVI. J. JAYALALITHA'S SONG ON THE OCCASION  
OF CELEBRATING HER 73RD BIRTH ANNIVERSARY. THIS  
WORLD RECORD WAS ORGANIZED BY CHENNAI SUBURBAN  
DISTRICT INFORMATION TECHNOLOGY DIVISION - ALL INDIA  
ANNA DRAVIDA MUNNETRA KAZHAGAM on 24th February,  
2021 in Lakshmi Nagar Play Ground, Nanganallur, Chennai,  
Tamil Nadu, India.

DATE: **24.02.2021**

*Babu*  
Dr. Babu Balakrishnan  
Founder Chairman  
Universal Achievers Book of Records

This Certificate must Not be Reproduced With out the written permission of Universal Achievers Book of Records, it does not necessarily denote an entry in to the Record Books.

[www.universalachieversbookofrecords.com](http://www.universalachieversbookofrecords.com)



5.3.1 Students Achievements in Sports /Culturals





5.3.1 Students Achievements in Sports /Culturals

**1st JUNIOR TAMILNADU STATE LEVEL SHOOTINGBALL CHAMPIONSHIP 2020-2021**

Affiliated To : Amateur Tamilnadu Shootingball Association (ATSBA)  
Shootingball Federation Of India / Asian Shootingball Federation

Recognized By : Ministry Of Youth Affairs & Sports Government Of India / School Games Federation Of India (SGFI)

Organized By : Salem District Shootingball Association (SDSBA)

**Venue : DOLPHIN SPORTS ACADEMY, SALEM** **Date : 30 th October 2021**

## CERTIFICATE

Awarded to ASHOK KUMAR - A  
Son / Daughter of ..... Date of Birth 17.10.2002  
District CHENNAI for participated as player / manager / Referee / Coach.

Position : WINNER

  
  
 YOUTH AFFAIRS AND SPORTS

  
**M.G.DATHATRI**  
 President  
 ATSBA

  
**R.PERIYASAMY**  
 General Secretary  
 ATSBA

  
**P.GOWTHAMAN**  
 Org. President  
 DOLPHIN SPORTS ACADEMY

  
**R.GNANAPRABHU**  
 Org.Secretary  
 SDSBA



5.3.1 Students Achievements in Sports /Culturals

**1<sup>st</sup> SOUTH ZONE SHOOTING BALL CHAMPIONSHIP - 2021**  
 (Senior Men & Women)

Organised by : **ANDHRA PRADESH SHOOTING BALL ASSOCIATION** (Regd.)  
**SHOOTING BALL ASSOCIATION CHITTOOR** (Regd.)

Affiliated by : **SHOOTING BALL FEDERATION OF INDIA** (Regd.)

Recognised by Ministry of Youth Affair & Sports, Govt. of India.

**CERTIFICATE**

S.No. : 29

This is to certify that Mr/Mrs. A. ASHOK KUMAR  
 S/o/D/o K. AYYANAR of TAMILNADU State  
 Association / Unit Member Participated in the **1<sup>st</sup> South Zone Shooting Ball Championship**  
 from **23-10-2021** to **24-10-2021**. at Golden Valley Integrated Campus, Madanapalli, Chittoor Dist., A.P.  
 As a Player/Coach/Manager & Obtained THIRD position.

*Ravindra Singh Tomar*  
 Ravindra Singh Tomar  
 Secretary General  
 Shooting Ball Federation of India.

*B. Venkata Ramanaiah*  
 B. Venkata Ramanaiah  
 President  
 Andhra Pradesh Shooting Ball Association

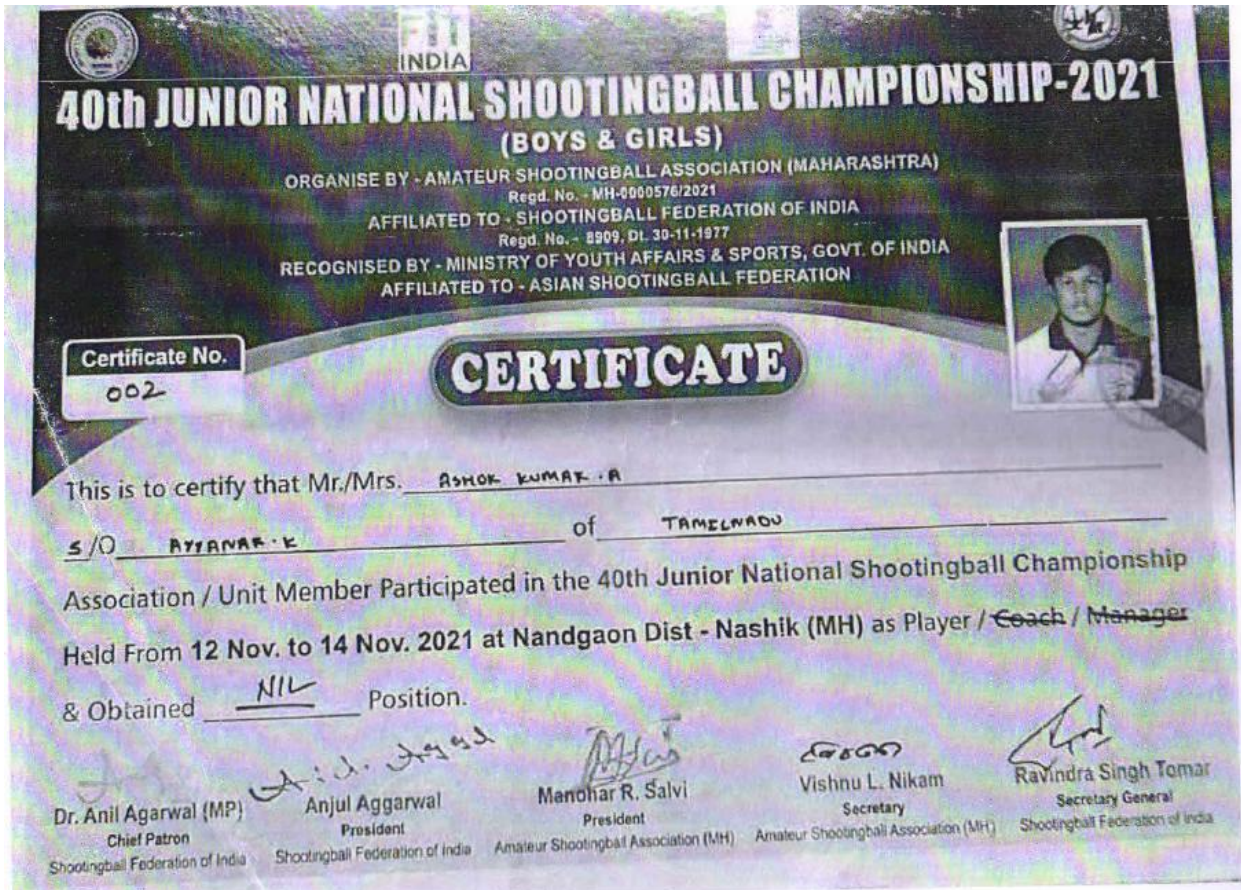
*K. Parusha Ramudu*  
 K. Parusha Ramudu  
 General Secretary  
 Andhra Pradesh Shooting Ball Association

*N.V. Ramana Reddy*  
 N.V. Ramana Reddy  
 Org. President  
 Shooting Ball Association, Chittoor.

*P. Naresh Babu*  
 P. Naresh Babu  
 Org. Secretary  
 Shooting Ball Association, Chittoor.



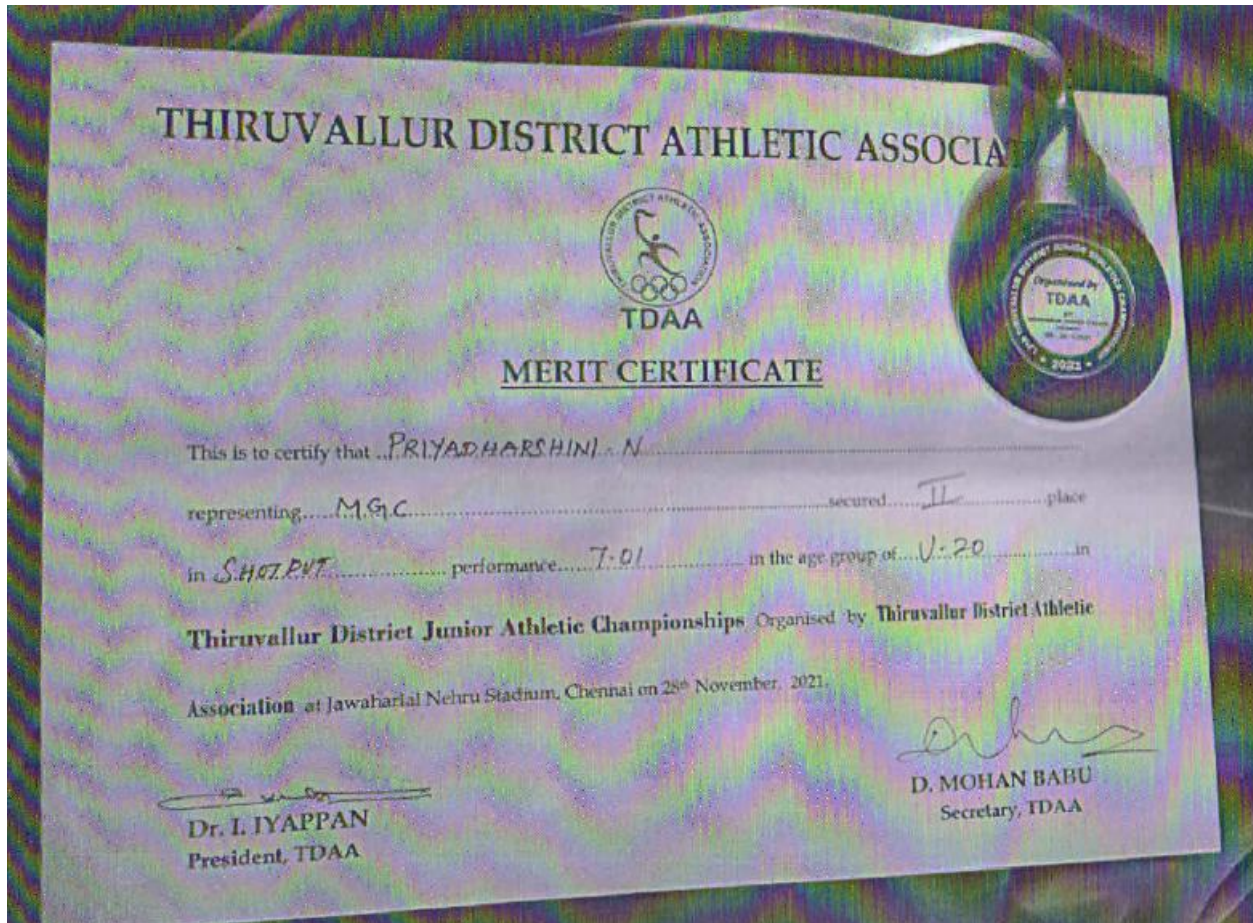
5.3.1 Students Achievements in Sports /Culturals





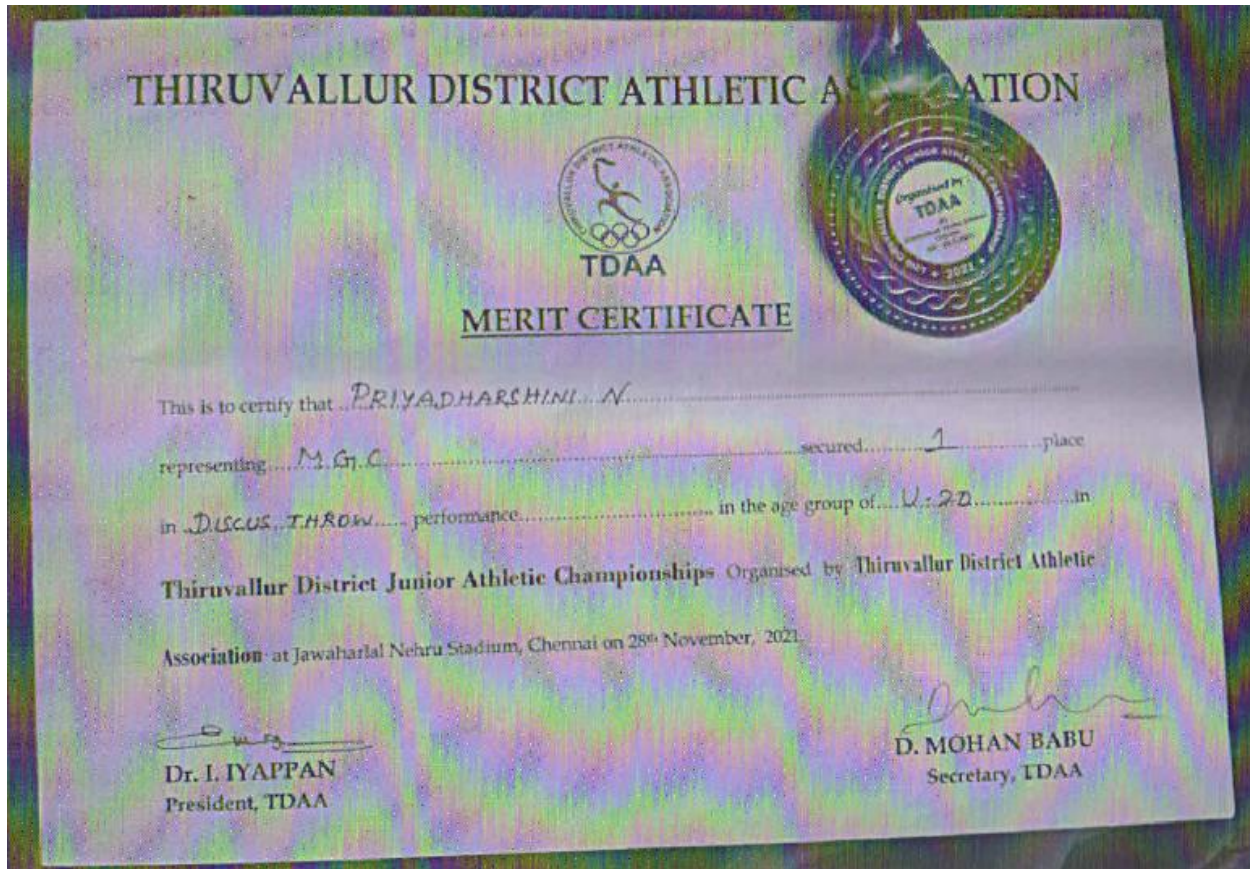


5.3.1 Students Achievements in Sports /Culturals



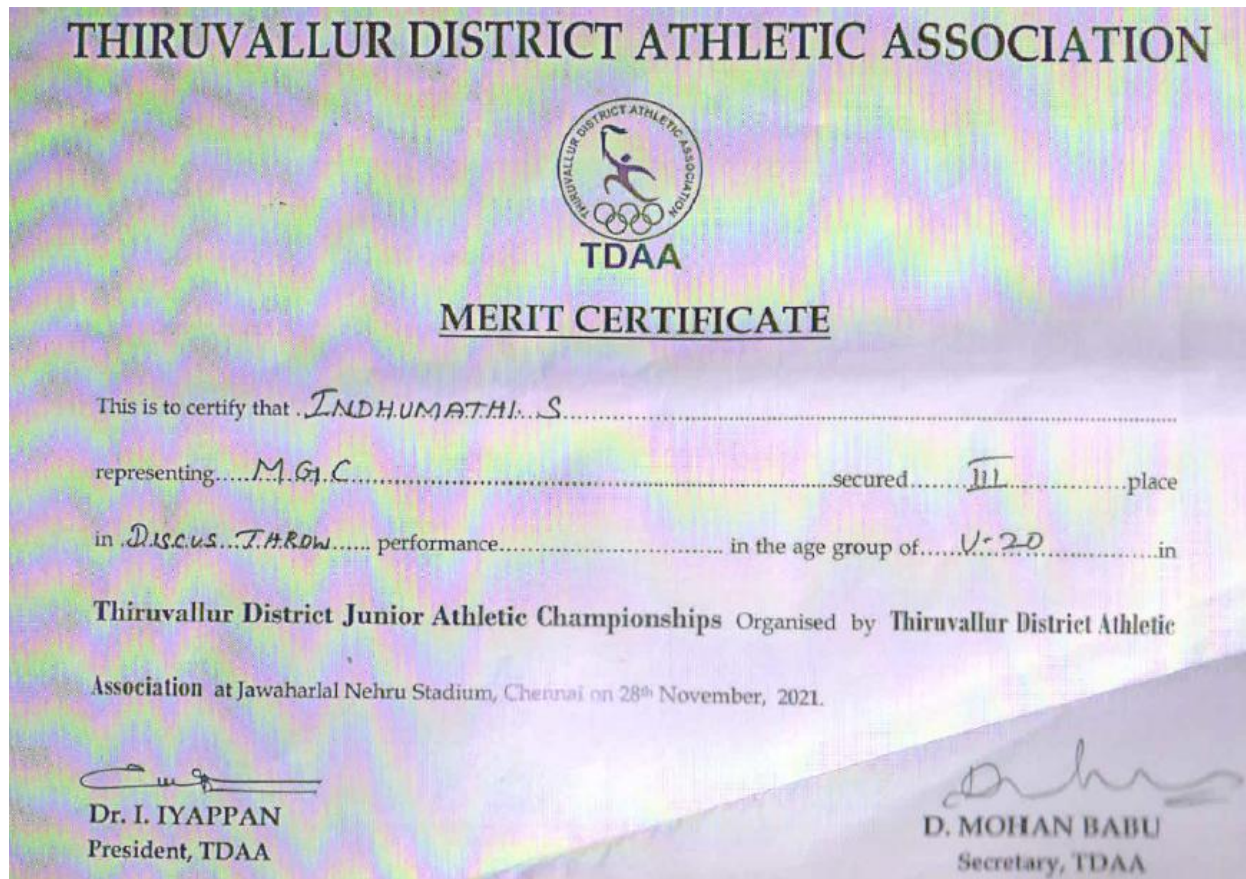


5.3.1 Students Achievements in Sports /Culturals







## 5.3.1 Students Achievements in Sports /Culturals





## 5.3.1 Students Achievements in Sports /Culturals

 **UNIVERSITY OF MADRAS**  
**NATIONAL SERVICE SCHEME**  
Student Amenity Buildings  
CHEPAUK, CHENNAI 600 005  
Phone: 2530 1594, 2530 9576, 2530 9474      Mobile: 7401440000  
Fax: 91-44-2530 1594      Telex: 41-0376-UNICM IN  
Email: [nss@unimadras.ac.in](mailto:nss@unimadras.ac.in)      

NSS/RI/2020-21/53      December 24, 2020

Dr. VANEETA AGGARWAL  
CO-ORDINATOR I/C

To  
**THE PRINCIPAL,**  
Mar Gregorios College,  
Chennai.

Sir/Madam,

Sub: NSS Cell – Participation of selected NSS Volunteers in the Republic Day Parade Camp 2021 at New Delhi from 1<sup>st</sup> – 31<sup>st</sup> January 2021 – intimation – Reg. Ref: F.No.2-68/RDP/2020-21/NSS dt. 22.12.2020 from the Regional Director, NSS Regional Directorate, Chennai-6.

-----

With reference to above, I am pleased to inform you that **Shri. K.SURIYA PRAKASH** III Year B.Com (G), NSS Volunteer of your college has been selected for the participation in the **NSS Republic Day Parade Camp 2021** to be organized at New Delhi from 1<sup>st</sup> – 31<sup>st</sup> January 2021. The NSS Republic Day Parade Camp 2021 will commence from 1<sup>st</sup> January 2021 at **International Youth Hostel, Nyaya Marg, Chanakyapuri, New Delhi**. The selected participants of this Region as a Contingent will be leaving Chennai by Mass NTLs on 30<sup>th</sup> December 2020 from Chennai and reach New Delhi on 1<sup>st</sup> January 2021.

Shri. K. Suriya Prakash, is eligible to reimburse the Sleeper Class to and fro rail by shortest route. Free board & lodging during the Camp will be provided by the Ministry. The arrangement for Rail Reservation for the Shri. K. Suriya Prakash from Chennai to New Delhi and back has been made by **Dr. Suguna, Programme Officer, PSGR Krishnammal College for Womens, Coimbatore (Mobile No. 9965554101) & Contingent Leader of Republic Day Parade Camp, 2021** as requested by NSS Regional Directorate, Chennai.

Shri. K. Suriya Prakash may be advised to send a copy of each of the following documents (in the enclosed format) to this office positively on or before 28<sup>th</sup> December, 2020 for verification,

- 4 Passport size photographs (Name to be written on the back)
- Volunteership Certificate (Specimen enclosed at **Annexure-I**)
- Certificate of Medical/Physical Fitness (Specimen enclosed at **Annexure-II**)
- Indemnity Bond (Specimen enclosed at **Annexure-III**)
- Security Clearance Certificate obtained from an Officer not below the rank of DCP/DSP/ACP (**Annexure-IV**)



## 5.3.1 Students Achievements in Sports /Culturals

- Undertaking that he/she is not in relation to any NSS Officer / Official (Annexure-V)
- Bio-data (to be filled in the prescribed proforma (Annexure-VI)
- Mandate form for ECS/RTGS, duly signed by their banker
- Latent RTPCR Test Report for COVID-19, (the volunteer must have COVID-19 Negative Report)

The Climate in New Delhi will be severely cold during the month of January. The night temperature sometimes falls between 1-2 Degree Celsius. Hence, Shri. K. Suriya Prakash may be advised to carry sufficient warm / woolen clothing and blanket. He must carry the list of articles given in Annexure-7 along with White Uniform and black shoes for Parade practice.

Shri. K. Suriya Prakash may be advised to carry a set of traditional costumes of the Tamil Nadu region along with musical instruments, other cultural outfits / CD containing songs with them for the evening Cultural Programme. He may also be advised to carry action photographs, video films, audio cassettes, CDs, reports of NSS activities / Projects, Posters, Banners, Charts etc. for exhibition.

Shri. K. Suriya Prakash may also be advised to contact Dr. Suguna, Programme Officer, PSGR Krishnammal College for Womens, Coimbatore (Mobile No. 9965554101) & Contingent Leader, Republic Day Parade Camp, 2021.

Hence, I request you to kindly instruct Shri. K. Suriya Prakash to carry all the documents in original and other items and to report to the Regional Directorate of NSS, Chennai at 3.00 p.m. on 30<sup>th</sup> December 2020 at Shastri Bhawan, B-Wing, IV-Block, IV-Floor, Haddows Road, Nungambakkam, Chennai – 600 006 for an orientation which will be held on that day.

Thanking you,

Yours sincerely,

  
(Dr. VANEETA AGGARWAL)  
NSS CO-ORDINATOR  
NATIONAL SERVICE SCHEME

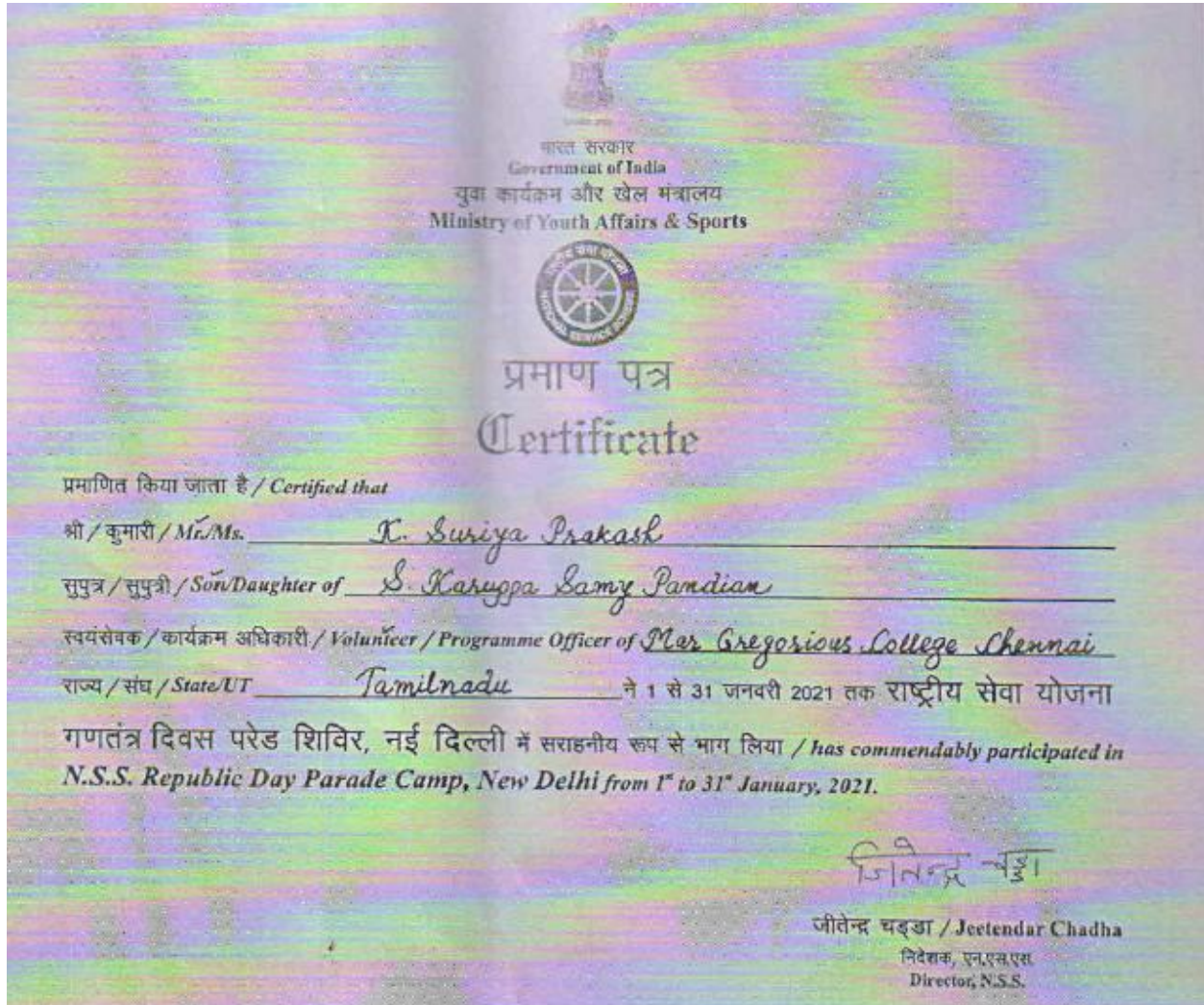
Encl: a a

Copy to:

1. The Regional Director, NSS Regional Directorate, Chennai, CITY OF MADRAS
2. The State Co-ordinator NSS and Director of Collegiate Education, Chennai-6
3. The State NSS Officer, State NSS Cell, Chennai-6



## 5.3.1 Students Achievements in Sports /Culturals

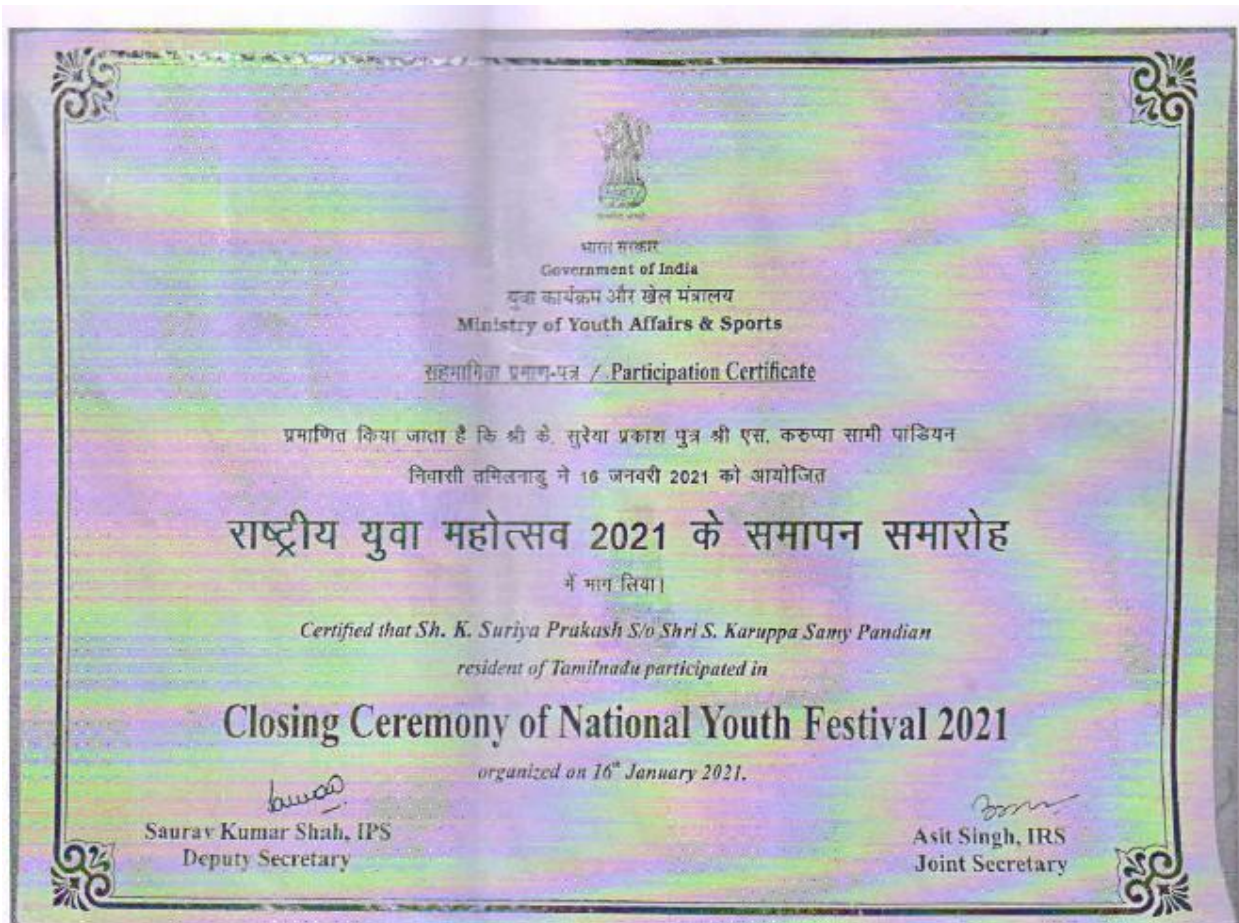




5.3.1 Students Achievements in Sports /Culturals



## 5.3.1 Students Achievements in Sports /Culturals







5.3.1 Students Achievements in Sports /Culturals

2021/12/15 21:02

OPPO F19

**UNIVERSITY OF MADRAS**  
 Department of Physical Education  
 85 / 86 Spur Tank Road, Chetpet Chennai -31  
 Phone (Off): 044- 28360461  
 Fax: 044-28360461  
 Dated: 15/12/2021

Dr. V. MAHADEVAN  
 Director - Physical Education  
 Ref. UM /DPE /2021-22/

To  
 The Principal  
Mar Gregorios College  
Chennai

Dr. V. Mahadevan  
 Director of Physical Education  
 University of Madras,  
 Chetpet, Chennai-600 031.

Sir / Madam,

**Sub: Intimation to the Players for attending the Coaching Camp- Reg.,**

I am to inform you that the following students of your College have been provisionally selected to represent University of Madras Men / Women Team for the year 2021-2022 based on their performance in the Inter Zonal Tournament / Selection trials held at... on DPE, University of Madras on 9th Dec-21

Sl.No.	Name of the Student	Sl.No.	Name of the Student
1	<u>M. Manikandan</u>	7	
2		8	
3		9	
4		10	
5		11	
6		12	

I request you to give them necessary permission with attendance to attend the Coaching Camp and participate in the Inter University tournaments.

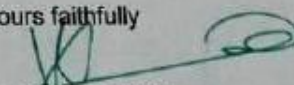
Players to Report For the Coaching Camp	Date	Time	Venue
	<u>15/12/21</u>	<u>11.00am</u>	Department of Physical Education, University of Madras, Chetpet, Chennai-31

Dates of the Tournament	South Zone IZ- All India	Place of Tournament	South Zone IZ- AI
	<u>25<sup>th</sup> to 28<sup>th</sup> December 2021</u>		<u>Chennai</u>

A pass port size photograph with the Signature legibly on the photograph of each player may be sent to this Office immediately for the purpose of affixing the same in the Identity Card to be issued by this Office.

The Eligibility details of the Players may be sent immediately if not already sent.

Thanking you

Yours faithfully  
  
 (Dr. V.MAHADEVAN)

Copy to:  
 Mr./Ms./Dr. Director of Physical Education  
 Director of Physical Education

**Director of Physical Education**  
**University of Madras**  
**Chennai-600 031.**