




# Mar Gregorios College of Arts & Science

(Approved by the Government of Tamil Nadu and affiliated to the University of Madras)  
ISO 9001 : 2015 Certified Institution

LIFE SKILLS(YOGA,PHYSICAL FITNESS,HEALTH AND HYGIENE)			
Where are you in this Competitive World	26.08.2016	50	Mr. M. Sujeeth Kumar, Chartered Accountant and Mr. PiyushBarwaria from WMS Global Service
Women Protection	15.09.2016	45	K. Kalaivani, Advocate. Our Alumni Mr. Dillibabu, Advocate
Self Motivations and How to Reach our Goals	20.07.2017	28	Dr.Rev.Fr John Peter, Head of the department of Master of Social work
I-Day Symposium (Mini & Mega Project Exhibition)	18.10.2017	25	MAR GREGORIOS COLLEGE
Program on Sanitation	28.07.2018	72	Dhagam Foundation on Sanitation – Kakoos – A – Kanoom
Human Values	30.08.2018	120	Mr. Nirmal Kumar – Assistant Co-ordinator and Mr. Leo Levin Pushparaj – State Co-ordinator of MIS & M/E from Don BoscoVazhikaatti..
Career as Company Secretary	06.12.2018	120	Mrs. ChitraAnantharaman, Deputy Director of Company Secretaries of India, Southern India Regional Office
Yoga and Health Consciousness	20.09.2019	150	SANJEEVANAM, Ayurvedic Therapy Centre,
Health Starts from Home	26.02. 2020	88	Dr.VijayalakshmiBalakrishnan, Infectious disease specialist
Ilakkai Theadi	26.02.2021	64	Dr.Ramanujam Secretary of Tamil Writer Association
Personality Enrichment	30.07.2021	97	Ms.L. Meena., Assistant Professor, UG Department of Computer Application, Dwaraka Doss Goverdan Doss Vaishnav College of Arts and Science.
Building Inner Self	16.08.2021- 23.08.2021	53	Ms.YaminiRajagopal, MSW / PGDCP / MSc Applied Psychology / Life Coach / Assistant Professor, Department of Social Work, Counselor and Psychotherapist

  
Jr. M. SIVARAMAN M.B.A., M.Phil., M.A., M.Phil., Ph.D.,  
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