

**ACTIVITIES****GENDER EQUITY PROGRAMS**

S.NO.	PARTICULARS	ACADEMIC YEAR
1.	Rexona Confidence Academy	23 rd August 2018
2.	Installation of Youth Unite Project	7 th September 2018
3.	Puthiri	26 th September 2018
4.	Women Cell - Activity	9 th August 2019
5.	Seminar on “Women Empowerment”	14 th August 2019
6.	Women Cell – Seminar on “Health Starts from Home	26 th February 2020
7.	Women’s Day Activity	2 nd March 2020
8.	Webinar on Menstrual Hygiene	28 th May 2020
9.	Women’s Day Celebration	8 th March 2021

1. PERSONALITY DEVELOPMENT PROGRAMME FOR WOMEN

PERSONALITY DEVELOPMENT PROGRAMME FOR WOMEN, August 2018
“Rexona Confidence Academy” conducted a program on **23rd August 2018** specially for girl students which teaches the importance of personality development and confidence for facing interviews and challenges of the corporate world. Ms. Arshi Shiyal, trainer of “Rexona Confidence Academy” gave a presentation on how women have to boost their confidence while facing interviews.





Principal
MAR GREGORIOS COLLEGE OF ARTS & SCIENCE
Chennai - 600 037.

2. INSTALLATION OF YOUTH UNITE – PROJECT, SEPTEMBER 2018

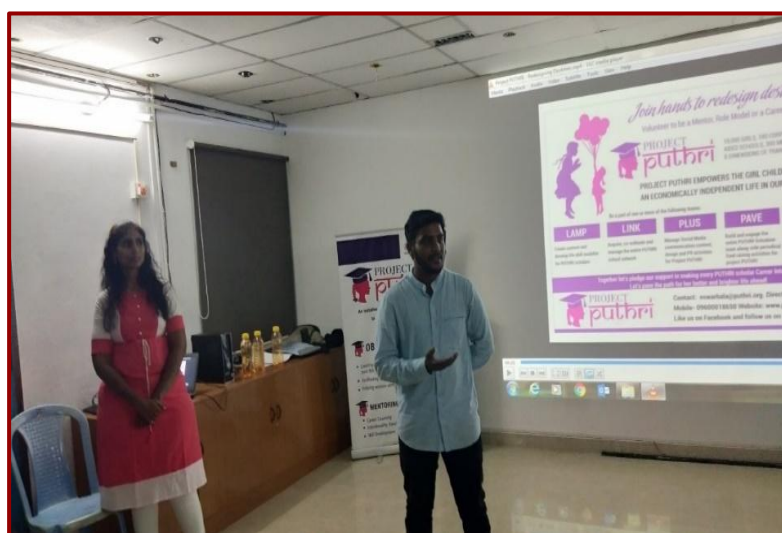
Installation of **YOUTH UNITE PROJECT** was on **7th September 2018**. Ms. Swetha Shankar - Director of Client Services, Ms.Vidya Dinakaran- Program Associate, Ms.Rashmi Singh – Director of prevention services and Ms.Sandhya Sridhar- Board Member were present in the program. This initiative would empower the female students, sensitize them on their rights and also would restructure the young minds of male student’s attitude towards females. This would reduce the domestic violence and crime rate.




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3. GENDER EQUITY PROGRAMME: AVATAR-PUTHRI, SEPTEMBER 2018

On 26th September 2018, a One Day Seminar was organized by Department of Social Work. Ms.Krithika Srinivasan, Senior Consultant- Donor Relations from AVATAR Human Capital Trust and Mr. Prince, Coordinator from Puthri(Project) addressed the students on the importance of education for girls. They highlighted on the factors that contributed to school drop outs. They invited our students to be mentors for female students studying in Government schools.




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4. COMPETITIONS FOR WOMEN STUDENTS, AUGUST 2019

To unveil the creative talents of girls, **Intra-college Competitions** were conducted on **9th August 2019**. Most of the girl students from the undergraduate departments actively took part in the various competitions, namely Drawing, Painting, Pot-Painting, Vegetable carving, Soap carving, Mehandhi design, Best out of waste, Extempoat Mar Ivanios Hall. Winners were awarded prizes by Rev.Fr.Philip Pulipra, Secretary of the college.





Dr. M. SIVARAJAN M.E.A., M.Phil., M.A., M.Phil., Ph.D.,
Principal
MAR GREGORIOS COLLEGE OF ARTS & SCIENCE
MOGAPPUR WEST, CHENNAI - 600 037.

5. SEMINAR ON “WOMEN EMPOWERMENT”, AUGUST 2019

On 14th August 2019, a seminar was organised for all first year girls(Shift- I & II). The session was led by Mrs. Jency Vinodh Kumar, Soft skill trainer from Procter and Gamble on “**Women Empowerment**”. Her presentation induced self-confidence, ways to overcome problems, ways to handle situations etc. The girls were enthusiastic and participated in the program patiently and were asked to give their feed back.





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Principal
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6. SEMINAR ON “HEALTH STARTS FROM HOME”, FEBRUARY 2020

On 26th February 2020, a seminar was organised for all first year & second year girls (Shift-I&II). Dr. Vijayalakshmi Balakrishnan, Infectious disease specialist, the Chief Guest, presented a session on “Health Starts from Home”. Her presentation induced knowledge about proper diet, communicable and non-communicable diseases, women’s health issues etc. The girls raised their doubts regarding health and participated in the program with much more involvement.




Dr. M. SIVARAJAN M.B.A., M.PHIL., M.A., M.PHIL., P.H.D.,
Principal
MAR GREGORIOS COLLEGE OF ARTS & SCIENCE
MOGAPPUR WEST, CHENNAI - 600 037.

7. WOMEN’S DAY CELEBRATION, MARCH 2020

Women’s day was celebrated on 2nd March 2020. The chief guest was Smt.Pinky Jewel,IAS, Tamilnadu Rural Development Department.The introduction of the Chief guest , felicitation and declaration of new name for women’s cell as “CREATIVE FEMINES” was given by Dr.M.Sivarajan, Principal. Smt.Pinky Jewel impressed the audience by her inspiring and motivational speech. Certificates and Medals were awarded by the Chief Guest.

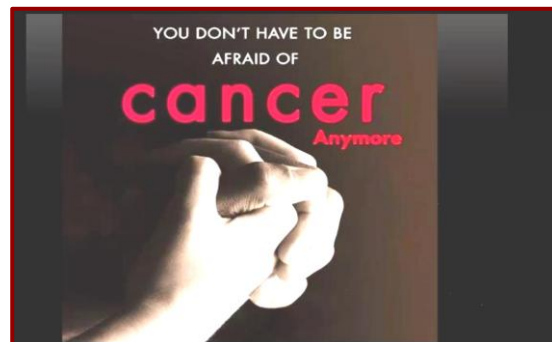
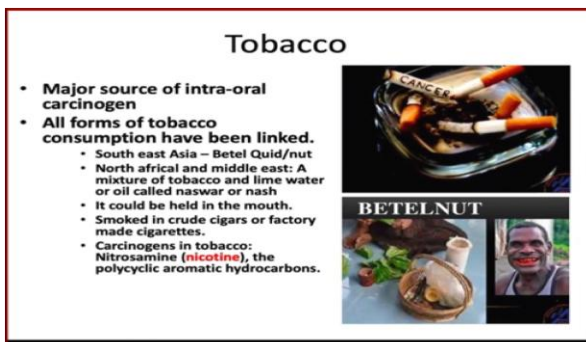



Dr. M. SIVARAJAN M.B.A., M.P.N.I., M.A., M.P.N.I., Ph.D.,
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8. WORLD MENSTRUAL HYGIENE DAY AND WORLD TOBACCO DAY

MAY 2020

In commemoration of the ‘World Tobacco Day and World Menstrual Hygiene Day’, the Department of Social Work in collaboration with Sundaram Foundation-Cancer Stop organized a webinar on **28th May, 2020**. The Resource persons were Dr. Ashok [Oral and Maxillofacial Surgeon], Dr. Suba Shree Ilango and Mr. Arun Kumar.D, Asst. Professor, Department of Social Work. Nearly 60 faculty members and students participated in this webinar. The session was then taken over by Dr. ASHOK (Oral and Maxillofacial Surgeon). He explained oral cancer, causes, effect, tobacco usage, and its impact on the health of the persons who consume it and others. He then explained the signs and symptoms of oral cancer and the oral cytology. The speaker highlighted how alcohol can cause 7 types of cancer affecting the mouth, the upper throat, the larynx, the esophagus, the breast in women, the liver, and the bowel. He also explained various preventive measures and treatment methods. At the end of Dr. Ashok’s presentation, the participants asked many doubts and the doctor clarified their doubts. Then DR. SUBA SHREE ILLANGO VAN explained about the menstrual hygiene maintenance of women. Both the sessions were informative and interactive.



9. WOMENS' DAY CELEBRATION, MARCH 2021

MGC WOMEN CELL had organized a celebration on **8th March 2021** on International Women's Day. Guest of Honor Ms. Dolly Sweetlin Jenifer (CFRO Chief Finance and Resource Officer at SMLA - TPLPA (A Trans disciplinary Organization in Architecture) graced the occasion with the talk on the topic **Comprehensive on Womanhood**. The session was interesting, enriching and highly interactive as it helped the students to develop the knowledge on real values to be a woman. All the girl students and staff participated in the program. Offline competitions were conducted and the winners are awarded with cash prizes.




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