



MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

ACADEMIC YEAR 2016-17

25th FEBRUARY 2017

The department proposed to conduct the 20th Annual Sports Day for the academic year 2016 – 2017 on 25th February 2017 at 9.30 am and it was permitted by the management Padmashri **Mrs. Shiny Wilson, Four times Olympian was the Chief Guest** of the day. She spoke about the importance of sports in career and encouraged the students. Our secretary Rev. Fr. Sabu, M. George our Principal Dr. K. Mohandoss also graced the occasion. Both the dignitaries gave the prizes to the winners among the students and the members of staff both teaching and non-teaching.

The toppers are:

•

Shift I Individual Championship - men Mr. G. Naveen – III Viscom Individual Championship - women Ms. P. Rojapriya – III B.A English

Shift II Individual Championship - men Mr. B. Ashok – III B. Com Individual Championship - women Ms. G. Kavitha – III BCA



MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STU/CIR/66-20

Date: 23.02.20

CIRCULAR TO STUDENTS

OSTL.

Sports day celebration will be held on 25th February 2017 for both shifts. Shift I Students are asked to give attendance by 8:30a.m on 25th February 2017, in the respective class room.

Shift-II

Class Room for taking the attendance on 13th February

Old Auditorium - B.Com (General) all Classes

| New Auditorium | - BCA all classes |
|----------------|-------------------------------------|
| 417, 418 | - B.Com (CS) all classes |
| 419 | BBA all classes |
| 213 | - B Sc (CS) |

Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennal - 600 037.

> Copy To: Rev. Fr. Sabu M. George Secretary, MGC







MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STU/CIR/66-19

Date: 23.02.2017

CIRCULAR TO STAFF

Dear Colleagues,

Class Mentors of both shifts are requested to mark the attendance for Students by 8:30a.m on 25th February 2017, and usher them students to the sports Day Venue in the Ground by 8:45a.m.

Shift-II

419

213



Class Room for taking the attendance on 13th February

| Old Auditorium | - B.Com (General) all Classes |
|----------------|-------------------------------|
| | Cartar of Charles (Charles) |

New Auditorium - BCA all classes

417, 418 - B.Com (CS) all classes

BBA all classes

B.Sc (CS) all classes

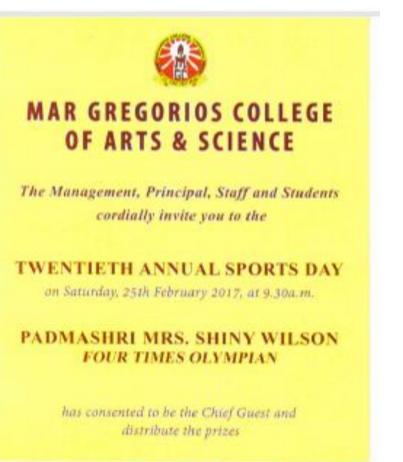
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Principal Principal AR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.

> Copy to: Rev. Fr. Sabu M George Secretary, MGC



5.3.3 Sports and Cultural Events / Competitions



9.30 s.m. Insuguration | 10.00 s.m. Sports Events | 11.30 s.m. Prize Distribution

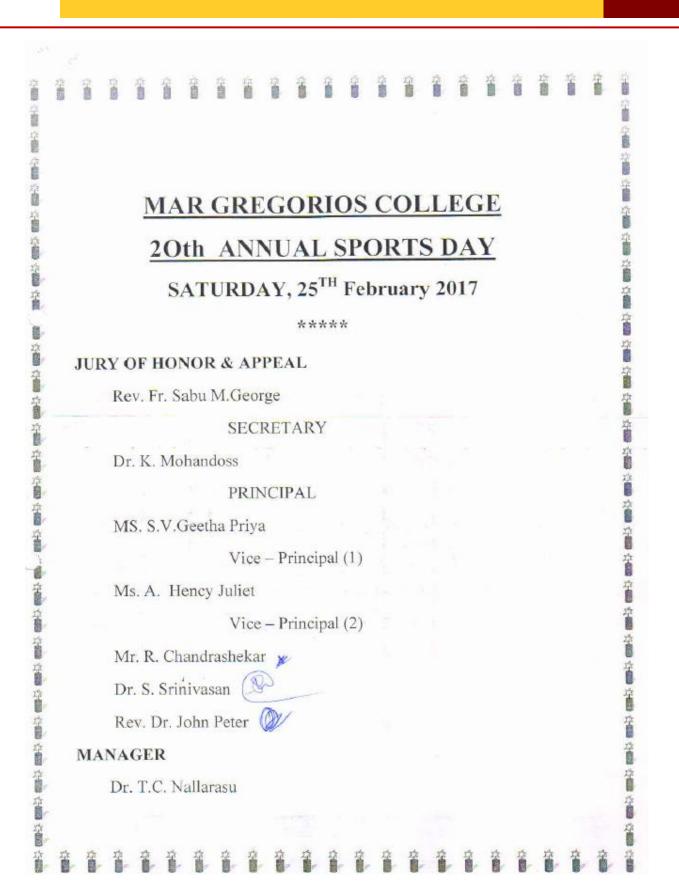
2016-2017



5.3.3 Sports and Cultural Events / Competitions

| 20th ANNUAL SPORTS DAY SATURDAY, 25 TH February 2017 OFFICIAL SPORTS MEET- EVENTS AND PROGRAME SCHEDULE 9: 30 A.M OPENING CEREMONY Flag hoisting and declaration of sports meet open 10: 00 A.M 800 Mts Finals – Boys Shift 1 & 2 Long Jump - Boys Shift 1 2 10: 30 A.M. 200 Mts Finals – Boys & Girls Shift 1 & 2 11: 00 A.M. 4 * 100 Mts Finals - Girls Shift 1 & 2 11: 15 A.M. Lucky Corner for Staff 11: 30 A.M. 1 Chief Guest arrival 2 Prayer song followed by tamizhthai vazhthu & MGC anthem. 3. Welcome Address – Principal 1 | SATURDAY, 25 TH February 2017 OFFICIAL SPORTS MEET- EVENTS AND PROGRAME SCHEDULE 9:30 A.M OPENING CEREMONY Flag hoisting and declaration of sports meet open 10:00 A.M 800 Mts Finals – Boys Shift 1 & 2 Long Jump - Boys Shift 1 10:30 A.M. 200 Mts Finals – Boys & Girls Shift 1 & 2 11:00 A.M. 200 Mts Finals – Boys & Girls Shift 1 & 2 11:10 A.M. 4 * 100 Mts Finals - Girls Shift 1 & 2 11:30 A.M. 1. Chief Guest arrival 2. Prayer song followed by tamizhthai vazhthu & MGC anthem. 3. Welcome Address – Principal 4. Sports Annual report - Physical Director 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks – Sperts SECRETARY | | GREGORIOS COLLEGE |
|---|--|------------------------------------|---|
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| 11:00 A.M. 11:15 A.M. 11:30 A.M. 2. Prayer song followed by tamizhthai vazhthu & MGC anthem. 3. Welcome Address – Principal | 11:00 A.M. 11:15 A.M. 11:30 A.M. 1. Chief Guest arrival 2. Prayer song followed by tamizhthai vazhthu & MGC anthem. 3. Welcome Address - Principal 4. Sports Annual report - Physical Director 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks - Sports SECRETARY | | Long Jump - Boys Shift 1 |
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| MGC anthem. 3. Welcome Address – Principal | MGC anthem. 3. Welcome Address – Principal 4. Sports Annual report - Physical Director 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks – Sports SECRETHRY | 11:30 A.M. | 1. Chief Guest arrival |
| | 4. Sports Annual report - Physical Director 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks - Sports SECRETHRY | Marine Marine 1993 Marine Santa | |
| | 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks - Sports SECRETHRY | | 3. Welcome Address – Principal |
| Sports Annual report - Physical Director | 6. Prize Distribution 7. Vote of Thanks - Sports SECRETHRY | | 4. Sports Annual report - Physical Director |
| 5. Felicitations by the Chief Guest | 7. Vote of Thanks - Sports SECRETHRY | 4 | 5. Felicitations by the Chief Guest |
| 6. Prize Distribution | | | |
| 5. Felicitations by the Chief Guest 6. Prize Distribution 7. Vote of Thanks - Spo RTS SECRETHRY 8. National Anthem. | 8 National Anthem. | | 7. Vote of Thanks - Sports SECRETARY |
| | | | 8. National Anthem. |









Sports Day 24.02.17

| 9.00 | Opening Ceremony |
|-------|--|
| | March Past |
| | Flag Hoisting |
| 9.30 | 800 mts – Finals Boys & Girls (Shift I & II) |
| | Long Jump – Finals Girls (Shift I – II) |
| 10.00 | Shotput– Finals Boys (Shift I–II) |
| | 100 mts – Finals Boys & Girls (Shift I & II) |
| 11.00 | 4 X 100 mts Relay – Finals Boys & Girls (Shift I & II) |

This year our college students participated many inter collegiate sports and games and won prizes. Our college Badminton team entered Quarter-finals in the Madras University 'B' zone competition held at Madras Christian College.

Our college Athletic team participated in the Dr. Sir Al Mudaliar Athletic meet held at Nehru stadium. Our student **R.Ananda raj** of III computer science secured **Gold Medal** in Madras University **Best Physique competition held at DGVaishnav College**. He is the first person of our college selected to participate in the All India Inter University Competition and got 6^{th} place, which was held at **Punjab University, Chandigargh on 7**th **February 2017.**

Our college power Lifters brought lot of laurels to our college by winning medals in the Madras University inter zone Power Lifting competition held at DG Vaishnav College.

| S. | | | | | | |
|----|-----------------|------|------|-------|----------|------|
| No | Name | Year | Dept | Shift | Category | Rank |
| 1 | M. Pavithran | II | BCS | II | 105 KG | Ι |
| 2 | V.S.Ganesh Raja | III | BCS | II | 75 KG | II |
| 3 | B.Pradeep Kumar | Ι | BCS | II | 65 KG | III |
| 4 | C.Pasupathi | Ι | BCS | II | 56 KG | III |

Our college Kabaddi team, volley ball and foot ball teams participated in University of Madras tournament. Our student Hemanth Kumar of II BCS (Shift –II), was selected to play inter zone foot ball tournament.



5.3.3 Sports and Cultural Events / Competitions

| S.No | Games / Event | Date | Day | Shift - I | Shift - II |
|------|--------------------|----------|-----|-----------|------------|
| 1 | Chess (Boys) | | | | |
| | Blue vsRed | 18.01.17 | Wed | 2.00 pm | 4.15 pm |
| | Green vs Yellow | 18.01.17 | Wed | 3.00 pm | 5.00 pm |
| | Finals | 19.01.17 | Thu | 2.00 pm | 4.15 pm |
| | Chess (Girls) | | | | |
| | Blue vs Green | 20.01.17 | Fri | 2.00 pm | 4.15 pm |
| | Red vs Yellow | 20.01.17 | Fri | 3.00 pm | 5.00 pm |
| | Finals | 23.01.17 | Mon | 2.00 pm | 4.15 pm |
| 2 | Carrom (Boys) | | | | |
| | Blue vs Yellow | 20.01.17 | Fri | 2.00 pm | 4.15 pm |
| | Green vs Red | 20.01.17 | Fri | 3.00 pm | 5.00 pm |
| | Finals | 23.01.17 | Mon | 2.00 pm | 4.15 pm |
| | Carrom (Girls) | | | | |
| | Blue vs Red | 18.01.17 | Wed | 2.00 pm | 4.15 pm |
| | Green vs Yellow | 18.01.17 | Wed | 3.00 pm | 5.00 pm |
| | Finals | 19.01.17 | Thu | 2.00 pm | 4.15 pm |
| 3 | Badminton (Boys) | | | | |
| | Blue vs Green | 24.01.17 | Tue | 3.00 pm | 4.30 pm |
| | Red vs Yellow | 24.01.17 | Tue | 3.00 pm | 4.30 pm |
| | Finals | 25.01.17 | Wed | 3.00 pm | 4.30 pm |
| | Badminton (Girls) | | | | |
| | Blue vs Yellow | 27.01.17 | Fri | 3.00 pm | 4.30 pm |
| | Red vs Green | 27.01.17 | Fri | 3.00 pm | 4.30 pm |
| | Finals | 30.01.17 | Mon | 3.00 pm | 4.30 pm |
| 4 | Tennikoit (Girls) | | | | |
| | Blue vs Red | 24.02.17 | Tue | 3.00 pm | 4.15 pm |
| | Green vs Yellow | 24.02.17 | Tue | 3.00 pm | 4.15 pm |
| | Finals | 25.02.17 | Wed | 3.00 pm | 4.15 pm |
| 5 | Volley Ball (Boys) | | | | |
| | Green vs Yellow | 30.02.17 | Mon | 3.30 pm | 4.30 pm |
| | Blue vs Red | 30.02.17 | Mon | 4.00 pm | 5.30 pm |
| | Finals | 31.02.17 | Tue | 3.30 pm | 4.30 pm |
| | Foot Ball (Boys) | | | | |
| 6 | Blue vs Yellow | 01.02.17 | Wed | 3.30 pm | 4.30 pm |
| | Red vs Green | 01.02.17 | Wed | 4.00 pm | 5.00 pm |
| | Finals | 02.02.17 | Thu | 3.30 pm | 4.30 pm |





| 7 | Throw Ball (Girls) | | | | |
|----|--------------------|----------|-----|---------|---------|
| | Blue vs Green | 01.02.17 | Wed | 3.00 pm | 4.15 pm |
| | Red vs Yellow | 01.02.17 | Wed | 3.00 pm | 4.15 pm |
| | Finals | 02.02.17 | Thu | 3.00 pm | 4.15 pm |
| 8 | Kabaddi (Boys) | | | | |
| | Blue vs Green | 03.02.17 | Sat | 3.30 pm | 4.30 pm |
| | Red vs Yellow | 03.02.17 | Sat | 5.15 pm | 5.30 pm |
| | Finals | 06.02.17 | Mon | 3.30 pm | 4.30 pm |
| 9 | Power lifting | 07.02.17 | Tue | 2.00 pm | 4.15 pm |
| 10 | Best Physique | 07.02.17 | Tue | 6.00 pm | 6.00 pm |
| 11 | Cricket (Boys) | | | | |
| | Blue vs Green | 08.01.17 | Wed | 9.00 am | 2.00 pm |
| | Red vs Yellow | 09.02.17 | Thu | 9.00 am | 2.00 pm |
| | Finals | 10.02.17 | Fri | 9.00 am | 2.00 pm |

Our college physical director **Dr. T. Christopher Nallarasu**, got **SILVER MEDAL** in Tamil Nadu Master's Athletic Meet and he will represent All India Athletic Meet held on Hyderabad. Our students have participated in 23 colleges and were winners of 19 colleges. Our college cricket team brings lot of laurels to our college from the various tournaments.

| S.No | Name of the Tournament | Position |
|------|----------------------------|-----------------------|
| 1 | Sindhi College | Winners |
| 2 | THIRUVALUR DIST | Runners |
| 3 | DRBCCC HINDU college | 3 rd Place |
| 4 | Madras University (B Zone) | Entered Q/F |
| 5 | YMCA College | Entered Q/F |
| 6 | SIVET | Winner |

Our college cricket team has been showing their Excellency and got winner cup in **SIVET** college tournament, continuously for the past four years, and **SINDHI** college for the past three years. I thank our Management, Principal and all other teaching and non teaching staff members for support the sports activities. I specially thanks to Mr.Vijaya Kumar, Mr. Thangappan, Mr. Jacob, Mr. Devadoss, Mr. S. Sundar Rajan for supporting all our sports activities and also thanks to our sports secretary B.Kalai Vani, Department of BBA, (Shift-I) and Ashok, Department of Commerce (shift-II) for their dedicated services in sports activities.

Sond Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.



College Annual Sports for Men & Women

ATHELETICS

| S. | Event | Gender | Date | Day | Shift – I | Shift - II |
|----|-------------------------------|-----------------|----------|-----|-----------|------------|
| No | | | | | | |
| 1 | 10, 000 mts – Finals | Boys | 13.02.17 | Mon | 4.30 pm | 4.30 pm |
| 2 | 5, 000 mts – Finals | Boys | 15.02.17 | Wed | 4.30 pm | 4.30 pm |
| 3 | 1, 500 mts – Finals | Boys | 17.02.17 | Fri | 4.00 pm | 4.45 pm |
| 4 | Long Jump – Finals | Girls | 17.02.17 | Fri | 2.30 pm | 4.15 pm |
| 5 | Discus Throw – Finals | Boys & Girls | 20.02.17 | Mon | 2.00 pm | 4.15 pm |
| 6 | Shotput – Finals | Boys & Girls | 20.02.17 | Mon | 3.00 pm | 4.45 pm |
| 7 | Triple Jump – Finals | Boys | 20.02.17 | Mon | 2.30 pm | 5.00 pm |
| 8 | Javelin Throw – Finals | Boys & Girls | 21.02.17 | Tue | 2.30 pm | 4.30 pm |
| 9 | 400 mts – Finals | Boys & Girls | 22.02.17 | Wed | 3.30 pm | 4.30 pm |
| 10 | 200 mts – Finals | Boys & Girls | 23.02.17 | Thu | 3.00 pm | 4.15 pm |
| 11 | 4 X 400 mts Relay – Finals | Boys | 23.02.17 | Fri | 3.30 pm | 4.45 pm |

Sond Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.







Arrival of the chief guest Mrs. Shiny Wilson, Four times Olympian on 25th February 2017 Sports Day.



MARCH PAST on 25th February 2017 Sports Day.







MARCH PAST on 25th February 2017 Sports Day.



MARCH PAST on 25th February 2017 Sports Day.















 $25^{\rm th}$ February 2017 sports day . NSS.NCC and Four houses ready for March past







CRICKET





RELAY



BODY BUILDING



5.3.3 Sports and Cultural Events / Competitions



OVERALL CHAMPIONSHIP









MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

20th SPORTS DAY SHIFT - I

Date: 25-02-2017

Chess

| Sl. No. | Name | Class | House | Prize |
|------------|----------------|-------------|-------|--------|
| 1 | R. Hariharan | IB. Com (A) | Green | Winner |
| 2 | M. Madhusudhan | III Maths | Green | Runner |

Badminton

| Sl. No. | Name | Class | House | Prize |
|------------|---------------|---------------|-------|---------|
| 1 | V. Soloman | II B. Com | Green | Winner |
| 2 | M. Vignesh | II B. Com (B) | Green | Winner |
| 3 | Gideon Raj .C | II Maths | Red | Runners |
| 4 | Ajeeth .J | IB. Com | Red | Runners |

Volley Ball

| SI. No. | Name | Class | House | Prize |
|------------|--------|-------|-------|---------|
| 1 | Subash | | Green | Winner |
| 2 | Manoj | | Blue | |
| | | | Dide | Runners |

Kabaddi

| SI. No. | Name | Class | House | Prize |
|------------|----------------|-------|-------|---------|
| 1 | Gideon Raja .C | | Red | Winner |
| 2 | Anand | | | winner |
| - | Trindid | | Blue | Runners |

Foot Ball

| Sl. No. | Name | Class | House | Prize |
|------------|---------|-------|-------|---------|
| 1 | Solomon | | Green | XX7* |
| 2 | Manoj | | | Winner |
| 4 | widituj | | Blue | Runners |





Power Lifting

66 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|-------------|-----------|-------|-------|
| 1 | V. Karthik | II B. Com | Blue | I |
| 2 | M. Robinson | I BBA | Green | П |
| 3 | Vijay .R | III CSC | Blue | III |

74 Kg Category

| SI. No. | Name | Class | House | Prize |
|------------|---------------|------------|-------|-------|
| 1 | Ananda Raj | III CSC | Blue | I |
| 2 | Deebak .E | IB. Com | Blue | П |
| 3 | Kaviarasan .S | III B. Com | Red | III |

83 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|--------------------|---------|-------|-------|
| 1 | R. Vijayan | III BES | Blue | I |
| 2 | M. Vignesh | III BBA | Red | П |
| 3 | R. Aravind Raj | I CSC | Green | III |
| 4 | S. K. Utlarprakash | IBES | Blue | III |

93 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|-------------|-----------|-------|-------|
| 1 | Penny Anton | II MSW | Green | I |
| 2 | V. Solomon | II B. Com | Green | II |
| 3 | R. Surya | II B. Com | Blue | III |

65 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|-------------|------------|-------|-------|
| 1 | Karthik .V | III B. Com | Blue | I |
| 2 | Robinson .M | IBBA | Green | II |
| 3 | Richard | II B. Com | Blue | III |



70 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|---------|-------|-------|
| 1 | R. Anandaraj | III CSC | Blue | I |
| 2 | M. Vignesh | II BBA | Green | II |
| 3 | R. Saravanan | IB. Com | Blue | III |

Athletics

100 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|------------|--------------|--------|-------|
| 1 | Naveen .G | III Vis. Com | Yellow | I |
| 2 | Karthik .S | II BCA | Red | П |
| 3 | B. Sharan | IB. Com | Red | III |

400 Meters

.

| Sl. No. | Name | Class | House | Prize |
|------------|-------------|----------|-------|-------|
| 1 | D. Prasath | I BA Eng | Green | I |
| 2 | B. Saran | IB. Com | Red | П |
| 3 | S. Karthick | I BCA | Red | III |

1,500 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|----------------|-------------|--------|-------|
| 1 | D. Prasath | I BA Eng | Green | I |
| 2 | B. Sharan, | IB. Com (B) | Red | II |
| 3 | P. Sivaprakash | II BCA | Yellow | III |

10,000 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|-----------------------|---------|--------|-------|
| 1 | S. Shamsheer Sulaiman | IBCS | Yellow | I |
| 2 | S. Jayamoorthy | I BCA | Blue | II |
| 3 | E. Dinesh | IB. Com | Yellow | III |



Shot Put

| Sl. No. | Name | Class | House | Prize |
|------------|---------------------|---------------|--------|-------|
| 1 | Sanju Mathew Thomas | IB. Com (B) | Yellow | I |
| 2 | Allen .A | IB. Com (A) | Green | II |
| 3 | Vishal | II B. Com (B) | Green | III |

Triple Jump

| Sl. No. | Name | Class | House | Prize |
|------------|-------------|--------------|--------|-------|
| 1 | Naveen .G | III Vis. Com | Yellow | I |
| 2 | Karthick .D | II BBA | Yellow | II |
| 3 | J. Ajeeth | IB, Com (A) | Red | III |

Girls

Carrom

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|---------------|-------|--------|
| 1 | D. Kalaivani | III BBA | Red | Winner |
| 2 | Sowmiya | III BCA | Red | Winner |
| 3 | Usha | II B. Com (B) | Blue | Runner |
| 4 | Tharani | II B. Com (B) | Blue | Runner |

Tennikoit

| S1. No. | Name | Class | House | Prize |
|------------|---------------|---------------|-------|--------|
| 1 | Baby Shalini | II BA Tamil | Green | Winner |
| 2 | Jesi Rachal | III BCA | Green | Winner |
| 3 | Kalai vani .D | II B. Com (B) | Red | Runner |
| 4 | Jannet .V | II B. Com (B) | Red | Runner |

Throw Ball

| Sl. No. | Name | Class | House | Prize |
|------------|---------------|-------------|-------|--------|
| 1 | Kalai vani .D | III BBA | Red | Winner |
| 2 | Baby Shalini | II BA Tamil | Green | Runner |



100 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|----------------|------------|--------|-------|
| 1 | Roja Priya .P | III BA Eng | Yellow | I |
| 2 | S. R. Parvathi | IB. Com | Yellow | II |
| 3 | D. Nanthini | IB. Com | Red | III |

400 Meters

| SI. No. | Name | Class | House | Prize |
|------------|----------------|------------|--------|-------|
| 1 | V. Swetha | II BBA | Green | I |
| 2 | Roja Priya .P | III BA Eng | Yellow | П |
| 3 | S. Mahalakshmi | II BA Eng | Green | III |

gome Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.





Shift - II

Chess

| SI. No. | Name | Class | House | Prize |
|------------|---------------|------------|--------|--------|
| 1 | Nandakumar .M | I BCA | Yellow | Winner |
| 2 | Aslam .A | III B. Com | Blue | Runner |

Badminton (Doubles)

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|-------------------|-------|---------|
| 1 | Alex Raja .T | II B. Com (CS) | Green | Winner |
| 2 | Sherin .C | II B. Com (CS) | Green | Winner |
| 3 | K. Shoban | I BCA | Blue | Runners |
| 4 | Ajeeth .J | IB. Com | Blue | Runners |

Kabaddi

| Sl. No. | Name | Class | House | Prize |
|------------|------|-------|--------|---------|
| 1 | | | Yellow | Winner |
| 2 | | | Green | Runners |

Volley Ball

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|-------|-------|---------|
| 1 | Dhayalan .G | | Blue | Winner |
| 2 | Raj Kumar .R | | Red | Runners |

Foot Ball

| Sl. No. | Name | Class | House | Prize |
|------------|---------|-------|--------|---------|
| 1 | Gowtham | | Yellow | Winner |
| 2 | Raymond | | Red | Runners |



Power Lifting

59 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|---------|--------|-------|
| 1 | B. Pradeep | IBCS | Yellow | I |
| 2 | P. Sasikumar | IB. Com | Yellow | П |
| 3 | S. Sarathi | IBCS | Green | Ш |

66 Kg Category

| SI. No. | Name | Class | House | Prize |
|------------|--------------|---------|--------|-------|
| 1 | G. Hemnath | II BCS | Yellow | 1 |
| 2 | P. Ashok | IB. Com | Red | II |
| 3 | C. Pasupathi | IBCS | Green | III |

74 Kg Category

| SI. No. | Name | Class | House | Prize |
|------------|-----------------|---------|--------|-------|
| 1 | V. S. Ganesh RJ | III BCS | Green | Ι |
| 2 | R. Karthkeshwar | II BCA | Yellow | П |
| 3 | Thomas | IB. Com | Green | III |

83 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|--------------------|------------|--------|-------|
| 1 | D. Gowthem | III B. Com | Yellow | I |
| 2 | Muthu Kumar | II B. Com | Blue | II |
| 3 | Gokula Krishnan .R | I B. Com | Red | III |

93 Kg Category

| Sl. No. | Name | Class | House | Prize |
|------------|--------------------|---------|--------|-------|
| 1 | S. Devaraj | III BCS | Yellow | I |
| 2 | Edwin Ashir Joshua | IB. Com | Yellow | П |
| 3 | P. Anand | IB. Com | Red | III |



105 Kg Category

| S1. No. | Name | Class | House | Prize |
|------------|-----------------|------------|--------|-------|
| 1 | M. Anand | III BCS | Red | I |
| 2 | John | III B. Com | Blue | II |
| 3 | J. Jesnith Ajay | IB. Com | Yellow | Ш |

Athletics

100 Meters

| SI. No. | Name | Class | House | Prize |
|------------|---------------|--------|-------|-------|
| 1 | V. Arun Kumar | IBBA | Green | Ι |
| 2 | Charles | II BCS | Red | II |
| 3 | K. Shoban | IBCA | Blue | III |

1,500 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|----------------|------------|-------|-------|
| 1 | B. Ashok | III B. Com | Green | I |
| 2 | Nithish Kumar | ICSC | Red | П |
| 3 | M. R. Arjunsai | II BBA | Blue | III |

10,000 Meters

| SI. No. | Name | Class | House | Prize |
|------------|------------------|------------|-------|-------|
| 1 | E. Nithish Kumar | I CSC | Red | I |
| 2 | B. Ashok | III B. Com | Green | II |
| 3 | M. R. Arjunsai | II BBA | Blue | III |

Long Jump

4

| Sl. No. | Name | Class | House | Prize |
|------------|------------------|-------|-------|-------|
| 1 | V. Arun Kumar | IBBA | Green | I |
| 2 | S. Prakash Raj | ICSC | Blue | II |
| 3 | E. Nithish Kumar | I CSC | Red | III |





Shot put

| S1. No. | Name | Class | House | Prize |
|------------|-------------------|------------|--------|-------|
| 1 | J. John Ezekiel | III B. Com | Blue | I |
| 2 | M. Anand | III BCS | Yellow | II |
| 3 | V. S. Ganesh Raja | III BCS | Green | III |

Shift - II (Girls)

Carrom (Doubles)

| Sl. No. | Name | Class | House | Prize |
|------------|---------------|------------|-------|--------|
| 1 | G. Kavitha | III BCA | Blue | Winner |
| 2 | V. Princia | III BCA | Blue | Winner |
| 3 | Padmapriya .M | III B. Com | Green | Runner |
| 4 | Preethishree | IB. Com | Green | Runner |

Tennikoit (Doubles)

| SI. No. | Name | Class | House | Prize |
|------------|-------------------------|-----------|--------|--------|
| 1 | Priyanka .a | II B. Com | Yellow | Winner |
| 2 | Vinitha | II B. Com | Yellow | Winner |
| 3 | Hussian beer fathima .K | II B. Com | Red | Runner |
| 4 | Sangarani | III BCS | Red | Runner |

Throw Ball

| Sl. No. | Name | Class | House | Prize |
|------------|------------|-------|-------|--------|
| 1 | G. Kavitha | | Blue | Winner |
| 2 | M. Sowmya | | Green | Runner |

Athletics

400 Meters

| Sl. No. | Name | Class | House | Prize |
|------------|--------------|-----------|--------|-------|
| 1 | Lalitha .J | II B. Com | Yellow | 1 |
| 2 | Muthulakshmi | II B. Com | Blue | II |
| 3 | Grace | II BBA | Blue | III |



Shot put

| Sl. No. | Name | Class | House | Prize |
|------------|----------------|------------|--------|-------|
| 1 | G. Kavitha | III BCA | Blue | I |
| 2 | L. K. Priyanka | III B. Com | Yellow | П |
| 3 | M. Sowmya | II BCS | Green | III |

Discus Throw

| Sl. No. | Name | Class | House | Prize |
|------------|------------|---------|-------|-------|
| 1 | G. Kavitha | III BCA | Blue | I |
| 2 | M. Sowmya | II BCS | Green | II |
| 3 | R. Ramita | IBCA | Blue | III |

Best Cricketter 2017

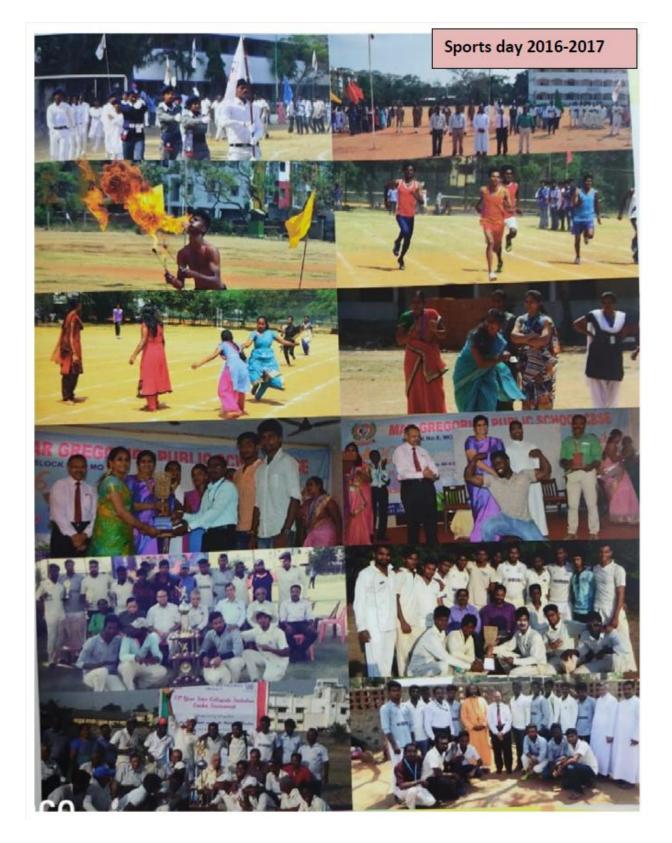
S. Nawaz Khan - III BBA

Conte Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.









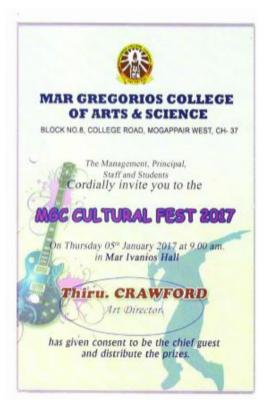


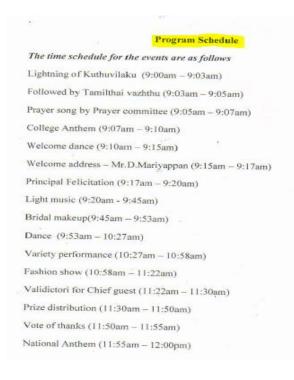
NAAC SSR CYCLE – I

MAR GREGORIOS COLLEGE OF ARTS AND SCIENCE <u>CULTURAL FEST</u> <u>SUVADUGAL 2016-2017</u>

Mar Gregorios college's cultural fest of shift I, "SUVADUGAL", was celebrated on 5th January 2017 at Mar Ivanios Hall. Mr. Crawford, an Art director, who was our chief guest, enlightened the students with his excellent words. Many On stage and OFF stage competitions were conducted .Students participated enthusiastically and it was a fabulous display of talents of our students. Students were divided into four houses namely Red, Blue, Green and yellow. There was a close competition between the four houses.

The Overall Trophy was won by the Blue house. Calverine Naomi of II BA English won the individual trophy. Student co coordinator Ms. Jancy Mary Tamilarasi proposed the vote of thanks. The programme ended with nation anthem.







2016-2017

5.3.3 Sports and Cultural Events / Competitions



MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STU/CIR/38-16

Date: 4.1.2017

5/1/17

CIRCULAR TO THE STUDENTS

Suvadugal, the cultural festival of shift I will be celebrated tomorrow as notified earlier. Students belonging to First year Under Graduate courses and all Post Graduate students will participate. Among the Second year students, those who perform in the events are expected to participate. Attendence will be marked at 8. 30 AM in the respective class rooms.

Non-participating students (in the events) of second year and all third year classes will not have classes and need not attend College.

Principal

Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennal - 600 037.

> Copy To: Rev. Fr. Sabu M. George Secretary, MGC



36

NAAC SSR CYCLE – I

5.3.3 Sports and Cultural Events / Competitions

MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STA/CIR/048-16 Date: 4.11.2016

STAFF IN -CHARGE FOR VARIOUS HOUSES

Dear Friends,

The cultural committee has met on 1 st November 2016 and discussed matters related to 'House Formation' of a student and have come out with the following staff in-charge for various houses. We request the following friends to take responsibility of the houses allotted to them.

RED HOUSE

Ms.Pragatni (VISCOM) i/c

Ms Shalini (BBA)

Mr PadmanabanP(MSW)

Mr Manivannan (Commerce)

BLUE HOUSE

Ms Starlin georgina (commerce) i/c

Ms Deepa mary (Eng)

M: Ezhumeiai (Tamil) Or N.C. Echards(Ms Sugapriyanka (MSW)

GREEN HOUSE

Ms Mary dyana (MSW) i/c Ms Lingeshwari (BCA)

Ms Praisey (commerce) 🖑

Copy to: Rev. Fr. Sabu M George Secretary, MGC

YELLOW HOUSE

Ms Mary Reeta Kavya (Eng) i/c Ms Deivanayagi (BES) _k Mr Nishanth (Commerce) Ms Gayathri (CSC)





MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STU/CIR/53-16

Date: 1.12.20

CIRCULAR TO STAFF

Dear Colleagues,

Kindly co-operate and help the conduct of Suvadugal Cultural programme contributing your suggestions, goodwill and commitment by serving in different committees as detailed in the enclosed sheets. For any clarificati please contact Mr.D.Mariappan, Convener (Phone number 97 89 69 59 77)

Looking forward to your support.

With warm regards,

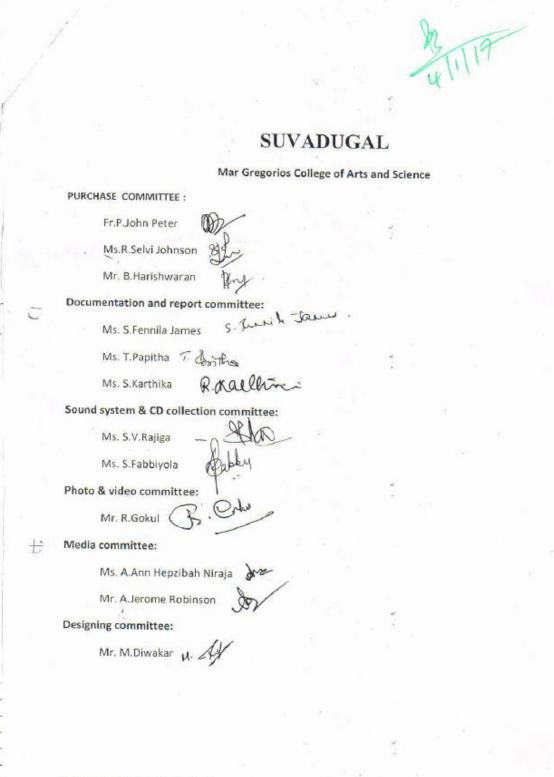
Principal

10

Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.

Copy to: Rev. Fr. Sabu M George Secretary, MGC

5.3.3 Sports and Cultural Events / Competitions



Copy to: Rev. Fr. Sabu M George Secretary, MGC



5.3.3 Sports and Cultural Events / Competitions

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| Di | iscipline committee: | | | |
| | Ms. T.Prema | | | |
| | Mr. V.lyyapan Digreoso | | | |
| | Mr. T. Christopher Nallarasu | 0 | | |
| | Mr. T.Balachander | ll. | | <u>.</u> |
| | Mr. S.Srinivasan | | | |
| | Mr. D.Selvaraj 🖌 | ě. | | |
| Rec | eption committee: | | | |
| | Ms. G.Gayathri Hogoty | | | - |
| | Ms. R. Uma Mahestiwari | ٨ | | 1.4 |
| | Ms. P. Lavanya Devi De Lava | 4th | | |
| | Ms. Babita Prem | - | | |
| Stag | e decoration committee: | | | |
| | Mr. R.Leonard Solomon | | | |
| | Mr. M.A.Stalin Antony | | | |
| | Mr. S.James Benedict Felix | ` | | |
| | Mr. R.Bala Krishnan | | | |
| Hospi | itality committee: | | | |
| | Ms. M.Soundaram | | | 1 |
| | Ms. S.Arockiya Princey | | | |
| | Ms. A.Kannaki | | | |
| | Ms. J.Janani Geref 5 | | | |
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| Copy to | : Rev. Fr. Sabu M George Secretary, MGC | | | |
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5.3.3 Sports and Cultural Events / Competitions

| | | and in |
|-------|--|---------------------------------------|
| | | Mr. 11 |
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| Seat | ing committee: | tt. |
| | Ms. B.Hemalatha B . | 0. |
| | Ms. N. Vaishali No Uaisha | JU ² |
| | March Luck | × |
| | Mis. S.C. Premila 2 July - | |
| | Ing committee: <u>Ms. B.Hemalatha</u> B. M.F. Ms. N.Vaishali D. Uaisha Ms. S.C.Premila J.S.C. | 2 |
| Cert | tificate committee: | |
| | Ms. G. Pradha li hadha | P. N. |
| | Ms. S. Kavitha | fart |
| | Ms. M.Sudha M. J. | 1 |
| | Mr. V.Gunasekaran V. U. | / ` |
| 6 | | |
| Con | Ms. V.Savithri | |
| | Ms. V.Savithri | |
| | Ms. T.N. Rekha 9. N. Like | |
| | Ms. K.Y.Indhumathy | 1 |
| | Ms. S.Shantha S-Shan | |
| Prav | yer committees: | |
| | Ms. D.Jemila Marshal 👌 🖓 | |
| | | |
| ivia: | ster of ceremony: | |
| | Mr. H. Josiah | |
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| | y to: Rev. Fr. Sabu M George | |



SUVADUGAL 2016-17

Mar gregorios college of arts and science

On-stage Events:

| s.no | Events | No.of teams | Participants | No.of certificates | No.of 1st prizes | No.of 2 nd prizes |
|------|------------------|-------------|--------------|-----------------------|---------------------|---------------------------------|
| 1 | Light music | 4(combined) | 6-8 members | 24 | 8 | 8 |
| 2 | Bridal makeup | 4(Girls) | 2 | 6 | 2 | 2 |
| 3 | Dance | 8 | 6-10members | 30 | 10 | 10 |
| 4 | Ghost makeup | 4(Girls) | 2members | 6 | 2 | 2 |
| 5 | Fashion show | 8 | 4-7members | 21 | 7 | 7 |

Off-stage Events:

| S.no | Events | No.of teams | Participants | No.of certificate | No.of 1 st prizes | No.of 2 nd prizes |
|------|---------------------|--------------|--------------|----------------------|---------------------------------|---------------------------------|
| 1 | Food without fire | 4*2=8 | 2 | 6 | 2 | 2 |
| 2 | Face painting | 4*2=8 | 2 | 6 | 2 | 2 |
| 3 | Collage(individual) | 8members | 1 | 3 | 1 | 1 |
| 4 | Solo singing | 8members | 1 | 3 | 1 | 1 |
| 5 | Best out of waste | 8 | 2-4 | 12 | 4 | 4 |
| 6 | Veg carving | 4*2=8 | 2-4 | 12 | 4 | 4 |
| 7 | Rangoli | 4*2=8(Girls) | 8-10 | 30 | 10 | 10 |



CULTURAL DAY OFF STAGE EVENTS TIME SCHEDULE Time: 11.20 to 1.00 PM

| S.NO | DATE | EVENTS | JUDGE |
|------|----------|-------------------|---|
| 1. | 05.12.16 | Millet cooking | Mrs .T.N. Rekha Mrs. G. Gayathry |
| 2. | 05.12.16 | Face painting | Mr.T. Balachandar Mrs. S. Karthika |
| 3. | 03.01.17 | Solo singing | Mrs. S. Shantha Mr. S. SFabbiyola |
| 4. | 03.01.17 | Collage | Mrs. V. Savithri Mr. M. Arunagiri |
| 5. | 04.01.17 | Veg Carving | Dr.T. Prema Mr. S. Ranganathan |
| 6. | 04.01.17 | Rangoli | Mrs. Savithri Mrs. S. Prasanna |
| 7. | 04.01.17 | Best out of waste | Mrs. K. Y. Indhumathy Mrs. K. Subhashini |

ON STAGE EVENTS

- 1. LIGHT MUSIC
- 2. GROUP DANCE
- 3. FASHION SHOW
- 4. (VARIETY PERFORMANCE)
- 5. BRIDAL MAKEUP

South

Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.



CULTURAL ACTIVITIES 2016-2021

2016-17 Cultural Fiesta



























SHIFT II VIZHUDHUGAL

The cultural fest "VIZHUDHUGAL"2016 was conducted on 5th January2017, at Mar Ivanios Hall. The chief Guest for the event was Mr. ANSON DON, an entertainer and a film personality. Students participated in various cultural events both ON and OFF stage and won many prizes. The overall championship was won by the Red house and Ms. P. Kowsalya II year Department of Corporate Secretaryship bagged an individual Trophy.



MGC FAMILY Cordially Invites you for The







CHIEF GUEST Mr. Anson Don

(Entertainer and Film Personality)

5th January 2017 **MAR IVANIOS HALL**

PRINCIPAL

Dr. K.MOHANDOSS Rev Fr. SABU. M. GEORGE SECRETARY

www.mgcchennai.ac.in



5.3.3 Sports and Cultural Events / Competitions



MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

(Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) Block No.8, Mogappair West, Chennai – 37.

K.MOHANDOSS Principal PRI/STU/CIR/54-16

Date: 2.12.2016

CIRCULAR TO STAFF

Dear Colleagues,

Kindly co-operate and help the conduct of Vizhudugal Cultural programme by contributing your suggestions, goodwill and commitment by serving in the different committees as detailed in the enclosed sheets. For any clarifications please contact Ms. J.Shankari, Convener.

Looking forward to your support.

With warm regards,

216 Principal Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE Chennai - 600 037.

Copy to: Rev. Fr. Sabu M George Secretary, MGC





MAR GREGORIOS COLLEGE OF ARTS & SCIENCE (Approved by the Govt. of Tamil Nadu and affiliated to the University of Madras) An ISO 9001:2008 Certified Block No.8, Mogappair West, Chennai - 37. K.MOHANDOSS Principal PRI/STA/CIR/063-17 Date: 04.01.2017 CIRCULAR TO STAFF Dear Friends, "VIZHUDHUGAL 2017" the cultural festival of shift II will be celebrated tomorrow as notified earlier. Attendance will be marked in the respective class rooms at 1. 30 PM. Staff are requested to take the attendance and bring the students to auditorium immediately after marking the attendance. With regards, **O** Principal Copy to: Rev. Fr. Sabu M George Secretary, MGC



5.3.3 Sports and Cultural Events / Competitions

MAR GREGORIOS COLLEGE VIZHUDUGAL - 09 DEC 2016 SHIFT II COMMITTEE LIST STAFF MC: MS.U.RAJESWARI STUDENT MC: M.SWAPNA STAGE DECORATION & HALL SEATING: 1. Mr. KALAIARASAN D 2. Mr. ANBARASAN G 3. Mr. ARUNAGIRI M **RECEPTION:** 1. Mrs.T.RAJALAKSHMI 2. Mrs.FREEDA HOSPITALITY: 1. Mrs. C.DHANALAKSHMI 2. Mrs. ANNA LINE C S PRAYER SONG: Mrs. PRASANNA MIKE INCHARGE/AUDIO & SOUND SYSTEM: 1. Mr. STEPHEN 2. Mr. KUMAR PHOTOGRAPHY & VIDEO: 1. Mr. DIWAKAR (HEAD, DEPT OF VISCOM) N. DISCIPLINE: 1. DR.S.SHALINI K 2. MRS.K.SUBASHINI 3. Mr.A.SAHAYA NIXON 4. Mr.A.KALAIARASAN D REFRESHMENT: MRS. K.RAJALAKSHMI AND MRS.C.GAYATHRI K. Rojalabal CERTIFICATE COMMITTEE: 1.Mrs.W.SHARMILA 2.Ms. J.ANUPRIYA TIME KEEPER: 1.Mr.M.AMARESAN Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE

Chennai - 600 037.























