2019-2020

<u>SwachhtaPakhwada(4th July till 10th July 2019)</u>

NSS Volunteers observed SwachhtaPakhwada for 7 days from 4th July till 10th July 2019.

- 25 volunteers participated.
- Street play was narrated on giving importance on Cleanliness & Plastic Awareness.
- Areas covered are,
 - Thirumangalam Sathya Nagar.
 - Chintadripet Richi Street
 - Egmore IyyasamiSalai
 - Chintadripet Pumping Station
- People from that area were benefited and appreciated the studentsinvolment.

Awareness on Aids & Drug Abuse (5th July 2019)

Awareness program was conducted on Drug Abuse & HIV. Ms.Kursheed, ICTC Counselor was the guest of honor who headed the session. 100 NSS volunteers participated. Pledge on awareness was conducted by the Guest.

Harmful Plastic Awareness Rally(10th July 2019)

Rally was organized with support of NSS volunteers on Harmful effects of plastic and the awareness on usage of the same.

- 75 volunteers took part in the rally.
- Rally started from college via Mogappair bus depot.
- Good Will Trust supported and motivated students with certificates.

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Helmet Awareness Programme(8th & 9th August 2019)

- Public Helmet Awareness program was organized and conducted with the support of the Traffic Police.
- Wavin signal was covered to spread the importance of wearing helmet to the public.
- 20 volunteers took part and supported the traffic police on this regard.
- Oral advices on the importance and placard were carried by the students on both days

Inter Collegiate Workshop-Sustainable Living (24th September 2019)

An Intercollegiate Workshop on "Sustainable Living" was organized for the first time in our college permises.

- Ms.A.M.Malathi, President Women Environmentalist Exnora, First Women to Excel in Detective Field, was the Guest of Honor.
- Theme Importance of growing your own food and recycling used cloths to make bags which in turn reduces garbage.
- Participation certificate, workshop kit, refreshment and lunch were provided to all the participants.
- 15 collegesparticipatedwit 251 students.
- Importance of organic farming, terrace forming was explained to the participants.
- Making bags out of used cloths with and without stitching was thought and explained to the participants by the guest.

Dr.A.P.J. AbdulKalamB'dayCelebration(15th October 2019)

On account of our former President Dr. A.P.J. AbdhulKalam Birthday, honoring session was organized by our NSS team. Principal Dr.M.Sivarajan, Vice Principal of both shifts and former PO's presided over the session. The staff and students of both shifts honored our former President image with flowers and distributed sweets.100 NSS volunteers participated in the event.

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Flash mob: 17th December 2019.

- Flash mob on Drug Abuse for the first time in college grounds.
- 25 volunteers took part in flash mob and spread the awareness on drug abuse to the college students during break hours for both the shift.
- Placards with useful messages on drug abuse and its harmfulness was carried by the volunteers.
- Whole college along with the staff students witnessed the flash mob.

Inter College Competition: 18th December 2019.

- Won prizes at Hindu College NSS volunteers competitions.
 - 1st Prize, Folk Dance
 - · 2nd Prize, Mono Acting.
- Participated
 - Street Play
 - Mime
 - Ad Zap
 - Face Painting
 - Talent Expo.
- 150 students from various college participated in the competition.

Anti LeprosyDay (30th January 2020)

In MGC Anti Leprosy Day was conducted by the NSS team. Resource person from GREMALTES Hospital were invited and they delivered the note on the causes of Leprosy and the way we need to take care of those Leprosy person in care. During the end of the session a oath taking was held and the members gathered underwent to the oath procedures. Nearly 50 NSS volunteers participated in the programme.

Special Camp Invitation

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'HEALTHY YOUTH AND HEALTHY INDIA MOGAPPAIR WEST, CHENNAL - 600 037.

Date: 23.02.2020 to 29.02.2020

Venue:Manjankaranai Village

Place :SamuthayaKoodam

Rev.Fr.PhilipPulipra

Secretary

Dr.M.Sivarajan Principal Mr.R.Leonard Programme Officer

Dr.G.Bhaskaran

NSS-Coordinator

7 Days Schedule

Day I (23.02.2020)

Day II(24.02.2020)

Orientation Programme

- Prayer Song
- Tamil Thai Vazhthu
- Welcome Address
- Felicitation
- Introduction
- Vote of Thnaks
- 3-00 pm :Workshop on Self Development, PO
- 5-00 pm : Break
- 6-00 pm : Training on Traditional Cultural

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Morning Session:

- Parade Practice and Yoga
- Campus&Temple Cleaning
- Medical Camp
 - A.C.S. Medical College & Hospital, Chennai.

Noon Session:

- Session on Practical Life & Self-Motivation.
 - Mr.A.RobinJebaraj, Director Hi Kids Ministries.
- Thappatam Coaching.

Evening Session:

- Cultural Practice
- Cultural Program

Day III (25.02.2020)

Morning Session

- Parade practice & Yoga
- Veterinary Camp
- Madras Veterinary College.
- School Premises Cleaning

Noon Session

- Session on Yoga &Its Importance
 - Mr.MagnelMarshal, Yoga Master

Evening Session

- Cultural Practice
- Cultural Program

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Day IV (26.02.2020)

Morning Session

- Parade practice & Yoga practice
- Eye camp
 - V.T. Eye Hospital, Chennai
- School campus painting

Noon Session

- Session on Active Listening & Personality Development.
 - Mr.R.Leonard Solomon, Programme Officer

Evening Session

- Cultural Practice
- Cultural Program

Day V (27.02.2020)

Morning Session

- Parade practice & Yoga practice
- Dental Camp
 - SRM Dental Hospital
- School painting

Noon Session

- Session on Cleanliness& Soft Skills
 - Ms. Felecit Benita, Asst. Prof.Dept. of English MGC

Evening Session

- Cultural Practice
- Cultural Program

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Day VI (28.02.2020)

Morning Session

- Parade practice & Yoga practice
- School Sports
 - NSS Volunteers
- School painting

Noon Session

- Workshop on Best out of Waste
 - PO & NSS Alumni

Evening Session

- Cultural Practice
- Cultural Program

Day VII (29.02.2020)

Morning Session

- Parade practice & Yoga practice
- Temple Cleaning

Noon Session

- School Wall Painting & Drawing.
- Venue Cleaning

Valedictory Function

- Prayer Song
- Tamil Thai Vazhthu
- Welcome Address
- Honoring the Guest and Supporters
- Recognizing and the best volunteers

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- Closing Prayer
- National Anthem

Time Shedule

| EVENTS | TIMING |
|----------------------|----------|
| Wake up | 5-30 am |
| Parade Filling& Yoga | 6-00 am |
| Tea Break & Fresh Up | 8-00 am |
| Break Fast | 9-00 am |
| Field Work | 10-00 am |
| Lunch | 12-30 pm |
| Rest | 1-30 pm |
| Noon Session | 2-00 pm |
| Tea Break | 4-00 pm |
| Cultural Practice | 4-30 pm |
| Cultural Program | 6-30 pm |
| Dinner | 8-30 pm |
| Feedback Session | 10-00 pm |
| Bed Time | 11-00pm |

Webinar on Perseverance and importance of Time-2/10/2020

Date: 02.10.2020

Time: 9:00 a.m to 10:00 a.m

Platform: Zoom

Resource Person: Mr.D. THIRAVIAM

PA of DGP POLICE DEPARTMENT

(CRIME BRANCH)

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Faculty Incharge : Prof.D. MOIEESON THAIRIYAM

: Dr.S.FABBIYOLA

A Webinar was organized by National Cadet Corps, NCC cadets of Mar Gregorios College participated in this program. Mr. Mr.D. THIRAVIAM, PA of DGP POLICE DEPARTMEN, (CRIME BRANCH) was the resource person for this webinar. The program was started with the word of prayer by Ms.AnnHepzibahNiraja.S Vice-principal shift-I and welcome Address was given by Dr.S.Fabbiyola. The resource person insisted in his speech about perseverance and importance of time through some famous personalities life experiences like Thomas Alva Edison, Dr.A.P.J.AbdulKalam and Mother Teresa. Then at the end the vote of thanks was given by Mr. MoieesonThairiyam. After that the webinar was concluded with the National Anthem. Around 50 students participated in the programme.

Webinar on Personality Development and Leadership -21/11/2020

Date: 21.11.2020

Time: 10:0 a.m to 11:30 a.m

Mode: online through Google meet

Resource person :

Name:Captain.Maria Peter, B.Ed, MA, MPhil, SET, PhD (Pursuing)

Head of the department- Hindi

Associate NCC officer

Troop Commander

1 TN Girls Battalion

MAR BREGORIOS COLLEGE OF ARTS & SCIENCE

Bhaktavasalam Memorial college for women,Koratur.

Faculty Incharge : Prof.D. MOIEESON THAIRIYAM, Prof. PRABHU, Dr.S.FABBIYOLA

A Webinar was organized by National Cadet Corps, NCC cadets of Mar Gregorios College participated in this program.Captain.Maria Peter, B.Ed, MA, MPhil, SET, PhD (Pursuing)

Head of the department- Hindi

Associate NCC officer

Troop Commander

1 TN Girls Battalion

Bhaktavasalam Memorial college for women was the Chief Guest for this program. The program was started with the prayer song, Thamizthaivazthu, MGC Anthem and welcome Address cum introduction about the chief guest was given by Dr.S.FABBIYOLA and Principal Dr. SIVARAJA has addressed the gathering. After that resource person Addressed the gathering in which she spoke about the importance of personality development and various leaderships qualities and skills for everyone in the present time. Specially the resource person insisted the MGC NCC cadets should maintain progressive personality development and Leadership qualities for the future world. Then at the end the vote of thanks was given by Mr. MoieesonThairiyam. After that the farewell function was concluded with the NCC Anthem and National Anthem.

REPORT OF OUTREACH PROGRAMME

When ignorance accompanied with illiteracy, echoing in the village of Perungavur in Thiruvallur District, Malankara Syrian Catholic Trust bought 3 acres of land in Perungavur Village in the year 2019. There was no significant development in the village neither in the past nor in the present.

With full filial piety, Mar Gregorios College adopted the village. The institution cognizant of the village, decided to reform the people including children for a bright tomorrow.

The NSS has taken several measures for increasing the literacy rate especially among the young children. Public Health awareness is created among the people as a measure to awaken them from their outdated method of using toilet systems even in the 21st century.

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Principal MAR GREGORIOS COLLEGE OF ARTS & SCIENCE MOGAPPAIR WEST, CHENNAI - 600 837. The NSS team of our College distributed 5 kg of Rice bags per family for the needy people. Around 25 villagers collected and got benefitted. There was a session on moral storytelling by NSS Coordinator and Principal. The Storytelling in the form of fables grabbed the attention of the children and they became good and happy listeners. As a gesture of love, refreshments were provided to the children. The institution is also keen on providing employment opportunities for the youth.

FIRST AID TRAINING -27/2/2020

On behalf of Youth Red Cross, a first Aid training program was conducted on 27th February 2020 in Mar Ivanios Hall. Mr.S.Neelakandan, Alert NGO and Mr.Jebastine, Trainer was the chief guest. YRC co-ordinator gave welcome address. Nearly 100 students participated in this program.

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